

VALIDATING TRAUMA TRAINING

~~WHAT'S WRONG WITH ME?~~

WHAT HAPPENED TO ME?

Changing the question changes everything.

brought to you by



Penn Medicine
Lancaster General Health



This training will empower you with the education and tools to validate and normalize another's experience by redirecting their question from "What wrong with me?" to "What happened to me?"

You will gain a comprehensive and nuanced answer to this question by understanding trauma, its different symptoms, what happens to the brain as a result of trauma, and resources for healing. Being equipped to share this information with your clients will help empower them to regain a sense of control through knowledge and understanding over their experience.

TWO PART VIRTUAL TRAINING SERIES

PART 1

Defining Trauma

How Trauma Impacts the Brain

PART 2

How Trauma Impacts the Body
Validation and Healing

SEPTEMBER 7 & 9, 2021

TUESDAY & THURSDAY

1:00 PM - 2:30 PM

[REGISTER HERE](#)

zoom

TRAINER



Leslie Davila has committed her 23 year career to advocating for trauma survivors. Appointed Director of the Office for Child and Youth Protection of the Archdiocese of Philadelphia in 2011, she oversees the Archdiocesan commitment to protect children and young people and its efforts toward healing and reconciliation for those who were sexually abused as minors. Ms. Davila twice served as co-chair of the Philadelphia Coalition for Victim Advocacy and worked as Assistant Director of Victim Services in The Philadelphia District Attorney's Office.



Supporting Pennsylvania crime victims and their communities in recovery.

Member of
NOVA
Network of Victim Assistance