

#### TRAUMA-INFORMED, RESILIENCE-ORIENTED CARE

# TI-ROC CLIENT AND FAMILY POST-COVID READINESS AND WELL-BEING ASSESSMENT

**Tool Purpose:** This tool was created for organizations to be responsive and supportive to clients and their families in this ever-changing landscape due to COVID-19. The information gathered from this assessment will aid organization leadership and staff in determining what supports and modifications may need to be made in order for clients and/or their families to feel safe to return to receiving in-person services and supports.

**Tool Completion:** This tool should be offered to be voluntarily completed by all clients and/or their families.

**Tool Directions:** Complete the assessment below.

## **Demographics**



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1.	What best describes your role?
	□ Client
	□ Client's Family
2.	Was your family affected by a COVID illness?  See Yes  No
3.	Was your family affected by financial stress due to COVID-19 (job loss, furlough, etc)?  Yes No

# Comfortability - Rank your level of agreement with the following statements.

	Strongly Disagree (1)	Disagree (2)	Neutral (3)	Agree (4)	Strongly Agree (5)
I am ready to go back to receiving in-person services with no accommodations					
I am ready to slowly transition back to receiving in-person services with safety measures and accommodations to be determined					
I am not ready to return to receiving in-person services and would like to continue receiving services remotely					
I understand trauma and how it might impact my return to inperson services and supports					
I am not worried about my health and well-being upon returning to in-person services and supports					
I am not worried about the health and well-being of my service team upon returning to in-person services and supports					

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1. Do you know how to access resources for yourself if you need them?

### Resources

☐ Yes☐ No

Solutions Post-COVID: Please answer the following questions regarding what we need to do post-COVID to ensure your feelings of safety for you and/or your family							
Question	Answer						
What did we do during this break from in-person services that we need to keep doing as we return to in-person services and supports?							
What did we do during this break from in-person services that we need to change as we return to in-person services and supports?							
What did we do during this break from in-person services that we need to stop doing as we return to in-person services and supports?							
What do we need to start doing as we return to in-person services and supports?							
What accommodations or considerations do you believe the organization needs to include in their plan to have you return to in-person services and supports?							