

2018 Workshop *RESILIENT IOWA: Through a Trauma-Informed Lens*

Goal: A Trauma Informed & Resilience Building Collaboration Across Iowa

- Celebrate our successes and learn what is going on around the state.
- Focus on connection, sharing, collaborating, planning, and action.
- Sit down and talk, to network across disciplines, settings and regions.
- Ample opportunities to collaborate in multiple breakout sessions.
- Envision and craft our future!

Resilient Iowa Gallery Walk:

Your table display opportunity to celebrate and raise awareness of your trauma-informed &/or resilience project or collaboration (application link is part of your online registration).

Monday, August 6, 2018

**University of Northern Iowa
Maucker Union, Cedar Falls IA**

**You specifically have been invited -
Please [register](https://csbs.uni.edu/socialwork/2018-resilient-iowa-registration) by JULY 27 at:
<https://csbs.uni.edu/socialwork/2018-resilient-iowa-registration>**

There is a \$20 Participation Fee
Questions: ikracht@pcaiowa.org

Tentative Agenda:

7:30-8:15 AM:	Breakfast and Registration
8:15-9:15 AM:	Welcome and Iowa Update
9:30-10:30 AM	First Breakout Series
10:45-11:45 AM	Second Breakout Series
12:00-1:15 PM	Lunch with Legislative Leaders
1:15-2:30 PM	Iowa Resiliency Gallery Walk
2:30-3:30 PM	Third Breakout Series
3:45-4:45 PM	Planning for the Future
4:45-5:00 PM	Self-Care Send Off

Like wildflowers; You must allow yourself to grow in all the places people thought you never would. - E.V.