

Save the date! April 22-23, 2015

Mental Health FOR Iowa Learners

Iowa Department of Education



What: Meeting the Mental Health Needs
of Iowa Learners

When: Wednesday April 22 & Thursday
April 23, 2015

Where: Des Moines, Iowa (location to be
determined)

Wednesday April 22, 2015

This workshop will be presented by **Sara Daniel**, MSW, LCSW who is the Director of Quality Improvement for St. Aemilian-Lakeside, Inc. (Saint A). Saint A is leading the way in providing care to children and families throughout the state of Wisconsin. Since 1997, Sara has been collaborating with school districts to provide consultation and training in working with students affected by trauma, mental health issues, or behavioral challenges. A framework for creating a school culture of emotional safety as well as specific school-appropriate interventions will be provided.

Thursday April 23, 2015

Anxiety is the most frequent mental health concern of school-age youth. **L. Read Sulik, MD** is a Child Psychiatrist and transformational health care leader committed to the design and delivery of innovations needed to improve health for individuals, families, and communities. Dr. Sulik consults with hospitals, health systems, and diverse agencies on children's mental health care delivery models. In this workshop, he will focus on anxiety and depression in children and teens and strategies to effectively work with these concerns in a school environment.