

PACES Hillsborough Workgroup Notes

8/9/2023 from 10:00am – 11:00am

Attendance:

<ul style="list-style-type: none">• Greg VanPelt, Early Childhood Council• Susan McIntyre, Centre for Women• Casie Haines, Early Learning Coalition• Nanci Nolan, Success 4 Kids and Families• Makenzie Wright, University of South Florida, Intern• Sara Bower, Head Start/Early Head Start• Diana Santangelo, Community Foundation of Tampa Bay	<ul style="list-style-type: none">• Nikki Daniels – Champions for Children• Abraham Salinas, University of South Florida• Joshua Kwasnicki, Crisis Center of Tampa Bay• Rachel Bozich, Tampa General Hospital• Lori Reyes, Early Childhood Council, HMG• Ray Santalucia, University of South Florida• Kari Allen, Champions for Children• Erin NeSmith, Grow Into You
---	--

Agenda and Notes

Program / Community Partner Updates

Handle With Care (Wendy Samford) – Unfortunately, HCSO, TPD, and HCPS have elected not to pursue moving forward with Handle With Care at this time. Wendy will be attending the National Handle with Care Conference in September and may be able to provide an update in October.

Crisis Center Partnership with USF – Mental Health in the Workplace course. 7 weeks. Find out information on the Crisis Center website. The course is free to take, but there is a fee if you want the electronic badge.

Program Presentation – TampaWell – Tampa General Hospital: Rachel Bozich

- Launched May 2022 in partnership with the City of Tampa.
- Walk with a Doc – national program. Occurring in East Tampa.
- Free park passes to community members.
- East Tampa is currently the target area (Spaces opening in September)
 - TGH Health Park
 - Food Pantry in partnership with Feeding Tampa Bay and the YMCA
 - Community Garden (next to the food pantry / 1 Acre). 88 accessible garden beds, outdoor classroom, mindfulness lawn.
- 3-year plan, each year focusing on a different pillar. This year's pillar is focused on Healthy Nutrition.
- Lifestyle medicine program in partnership with USF College of Public Health. Bridge the gap between providers and patients.
- Increased Wellness Trails. Partnering with Parks and Recreation to revitalize spaces such as the Bayshore Fitness Trail, Bayshore Mindfulness Space, TGH Wellness Trail, etc.
- **TampaWell App:** a one-stop shop to learn about the different activities going on. Events, Parks and Rec, Partner Events. Anything that fits under the wellness umbrella. Also tracks physical activity, workouts of the day, wellness tips, etc.

Abraham – is there a way to integrate screening for Positive and Adverse Childhood Experiences? Rachel would be interested in a separate conversation to discuss a little more.

Nikki – maybe some more discussion on how the science of hope ties into the pillars of TGH well.

Nanci - opportunity to engage with her work with HCPS around coaching and fitness.

Nikki Update on the July 2023 Congressional Briefing

- Federal Legislature to support public health approach to mental wellness and resilience.
- Should we look at setting some strategies in alignment with the Foundational areas highlighted in the hearing?
- Community is Medicine.
- Hearing YouTube Link: <https://youtu.be/hZxRuJZSKqA>

PACES Presentations in the Community (table for September)

- PACES Presentation – USF Dr. Phares Psychology class in November 2023
- PACES Presentation – HCC
- 2 – 3 hour community training – Later in Fall or January

Spring 2024 Conference (table for September)

- Spring timeframe (April / May 2024)... need to set a date.
- Plant City – HCC Conference Center... may have funding to support the facility fee.
- Speakers (Main Speaker / Breakout sessions)

NEXT MEETING:

Our next meeting is September 13th from 10:00 am to 11:00 am via ZOOM

<https://us02web.zoom.us/j/88918067716?pwd=TEEZnEN0ajNmN2lMd0NHbDN6c2tmdz09>

ADDITIONAL TampaWell Resources:

- Wellness Valley website: [Wellness Valley | Promoted By Wellness Foundation – Il distretto del benessere, dove la filosofia di vita è il wellness. Promosso da Technogym.](#)
- Wellness Valley video (absolutely worth the watch): <https://youtu.be/4VQkGrRt54o>
- TampaWell website: [TampaWell | Tampa General Hospital \(tgh.org\)](#)
- TampaWell Facebook: [TampaWell | Facebook](#)
- TampaWell Instagram: [Instagram](#)
- TampaWell app: [Apple](#) and [Google](#)