PACES Workgroup: June 8<sup>th</sup>, 2022

### Attendance:

Greg VanPelt, Early Childhood Council
Nikki Daniels, Champions for Children
Amanda Caminero, Healthy Families, HSC
Kris Bennnett, Metropolitan Ministries
Amanda Taylor – EC Court
Sarah Reners, Court Specialist with ECC
Vicky Phares – USF
Shabel Santiago – ECC
Lori Reyes – ECC
Veronica Howell
Shanwtaye Beato – CBHC
Susna McIntyre, Center for Women
Nathalie Inelus, Gracepoint / CCSU
Christina Pickering, HCPS / Child Find
Leilani Cuello, HCPS / Social Work

### Welcome and Introductions:

Greg shared brief welcome and invited participants to briefly introduce themselves and give any updates.

### Brief Recap of our 1<sup>st</sup> workgroup:

- Our 1<sup>st</sup> meeting was focused on developing the group and identifying areas of focus.
- Looking to identify the missing partners to continue to invite.
- All are welcome and the group is welcome to identify and invite others.
- Community is also on PACES Connection.

## **Briefly revisit PACES workgroup purpose:**

Greg shared purpose of the workgroup to be a community driven workgroup focused on advocacy, education, awareness related to the science of Positive and Adverse Childhood Experiences (PACES). Positive Childhood Experiences represent resilience and protective factors, and adverse childhood experiences represent trauma and toxic stresses. This workgroup is committed to exploring the role we play as a community in supporting positive experiences and mitigating adverse experiences.

# Discussion on the recent mass shootings and how they highlight the importance of engaging our community in PACES:

#### Nikki facilitated this discussion:

- Buffalo and Uvalde were young men. From a trauma informed care lens, we look at things
  from the perspective of what happened to you as opposed to what is wrong with you. A
  question is what happened to these young men? What are the common threads? What
  unmitigated traumas were experienced in their young lives and what were the missing
  protective factors? How does the work we are doing relate to this?
- A participant discussed how this impacted her entire household and how people are mentally coping esp. given what has been going on with COVID. How do we support resilience coming out of these events to caregivers, children and professionals?
- A participant discussed how this event "hit hard." She talked about how for 3 years HCPS has been training from a threat intervention and prevention perspective since Marjorie Stoneman Douglas. She identified how we are seeing the red flags with some of our kids but need to figure out the next steps for appropriate services and supports.
- Services and supports need to focus on the children and families.
- Metropolitan Ministries was seeing their highest numbers of mental health referrals during the COVID19. Metropolitan Ministries offers mental health 1<sup>st</sup> Aide training. There is now teen mental health 1<sup>st</sup> Aide training.
- Early Childhood Court's Community Coordinator is working to encourage parents to follow through with service recommendations for themselves and their children.
- A common thread has seemed to be Domestic Violence. We know that our domestic violence
  offenders tend to have a history of higher traumatic events and lower positive events. People
  with a higher sense of connection to others and lower experiences of trauma tend to not do
  horrible things.

### PACES Connection and Hillsborough PACES webpage:

- We have increased our PACES Hillsborough Community membership to 18 on PACES Connection and we want to continue to grow that number.
- There are some good Blog posts on the site, and we are looking to put one together.
- The Jam Board for jotting down ideas is still alive.
- Friday June 10<sup>th</sup> at 9am America's Gun Violence Epidemic
- June 23<sup>rd</sup> at 10am Healing Historical Trauma podcast

### Workgroup Task Items / Discussion:

- The group identifies a good goal of focusing on training / professional development activities.
- Shawntaye (Children's Board) suggested starting with some short intro trainings and use that to build to a larger full day training / workshop in the Spring. (e.g., 2 3 hours).
- Start with a series of Introduction To PACES trainings and the group feels they would best be offered in person rather than virtual. These are probably 2 3 hours in length.
   \*\*UPDATE: Confirmed the first one for September 9<sup>th</sup> 10am Noon at the Children's Board of Hillsborough County. Max 50 attendees in person and a flyer will be developed soon. May explore options with recording the webinar but not planning to do as hybrid training.
- Kris Bennett (Metropolitan Ministries) suggested creating some brief YouTube videos that could
  be shared on the impact of ACES, intro to PACES, etc. They can then be shared on websites,
  PACES connection and via social media. This idea was added to the Jam Board.
- Christina (Hillsborough County Public Schools) expressed interest in partnering on some initial short trainings and helping to engage participation through HCPS.
- Susan (Center for Women) expressed a goal of engaging in being part of curriculum or
  presenting to classes at Colleges and Universities so that we are targeting students and our
  future incoming professional workforce.
- Group views the smaller training series then leading to a large full day workshop or seminar with Spring 2023 as the targeted timeframe.
- Amanda (EC-Court) reports Fridays are best for dependency and court staff.
- Dr. Phares (USF) said she can try to help with offering Psychology CEUs.

### **Next Meeting:**

Set reoccurring as the 2<sup>nd</sup> Wednesday of the month at 10am via ZOOM for now? Next 3 Meetings: July 13<sup>th</sup>, August 10<sup>th</sup> and September 14<sup>th</sup>.

ZOOM Link: https://us02web.zoom.us/j/83501359850?pwd=aitjdVIDU3l2MUw1YVV3c2Q5QW9wdz09