



# Community Resilience Model (CRM) Training: An Overview

**May 10, 2022 from 11:00am-12:00pm**

Join us for this **FREE** skills-based training (virtual) in honor of  
May as National Children's Mental Health Month

**[Register Here](#)**

*Interested in learning about what a trauma-informed, resiliency-focused community looks like? Want to gain skills to identify and improve your response to toxic stress and trauma?*

- *Learn about the biology of stress*
- *Explore the impact of trauma on individuals and communities*
- *Learn how resiliency can be restored or increased through six simple wellness skills*

## **Trainers:**

Dr. Kelly Graves, Lylan Wingfield, LCMHC, LCAS and Melanie Garner, Lead CRI Advocate

**For questions or inquires, please contact:**

**(336) 429-5600**

**[www.kellinfoundation.org](http://www.kellinfoundation.org)**