



Substance Exposed Infant Awareness Week

July 2 - 8, 2017

Every year approximately 100,000 babies are born in Virginia – 10,000 of them are substance exposed!

IF YOU'RE PREGNANT OR PLANNING TO BECOME PREGNANT:



Don't use alcohol or substances of abuse



Get prenatal care. Talk with your medical provider regarding the appropriate use of prescription and over the counter medications.



Get treatment and support through your community service board (CSB). CSBs give priority to pregnant women who are using substances and provide help within 48 hours of their request. <http://www.dbhds.virginia.gov/individuals-and-families/community-services-boards>

CONCERNED REGARDING YOUR INFANT'S DEVELOPMENT?

Services and supports are available through the Infant and Toddler Connection of Virginia <http://www.infantva.org> or call 1-800-234-1448.

There is no cost for eligibility determination.

