

Building Resilient Communities Workshop



Resilient Colorado brings you a FREE training at Pine River Library on the impact of trauma on brains, bodies, and behaviors.

Learn about:

- Adverse Childhood Experiences (ACEs)
- Risk and protective factors,
- Trauma sensitive principles
- Strategies for resilience

For ages 15+

Free pizza dinner at 5:30, Training at 6:00.

Preregistration required: call the Library at 970.884.2222 or register online at <https://bit.ly/2LVlbCx>

Friday, August 23

5:30-8:30 PM