

Truth in Testimony Disclosure Form

In accordance with Rule XI, clause 2(g)(5)*, of the *Rules of the House of Representatives*, witnesses are asked to disclose the following information. Please complete this form electronically by filling in the provided blanks.

Committee: Oversight and Reform

Subcommittee: _____

Hearing Date: July 11, 2019

Hearing Subject:

Childhood Trauma's Impact on the Future Health and Well-Being.

Witness Name: Charles A. Patterson, R.S., MBA

Position/Title: Health Commissioner

Witness Type: Governmental Non-governmental

Are you representing yourself or an organization? Self Organization

If you are representing an organization, please list what entity or entities you are representing:

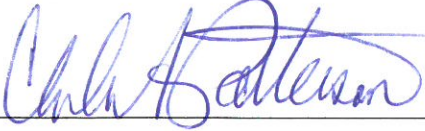
Clark County Combined Health District, Springfield, Ohio

If you are a non-governmental witness, please list any federal grants or contracts (including subgrants or subcontracts) related to the hearing's subject matter that you or the organization(s) you represent at this hearing received in the current calendar year and previous two calendar years. Include the source and amount of each grant or contract. *If necessary, attach additional sheet(s) to provide more information.*

If you are a non-governmental witness, please list any contracts or payments originating with a foreign government and related to the hearing's subject matter that you or the organization(s) you represent at this hearing received in the current year and previous two calendar years. Include the amount and country of origin of each contract or payment. *If necessary, attach additional sheet(s) to provide more information.*

False Statements Certification

Knowingly providing material false information to this committee/subcommittee, or knowingly concealing material information from this committee/subcommittee, is a crime (18 U.S.C. § 1001). This form will be made part of the hearing record.



Witness signature

7/8/19

Date

If you are a non-governmental witness, please ensure that you attach the following documents to this disclosure. Check both boxes to acknowledge that you have done so.

- Written statement of proposed testimony
- Curriculum vitae

*Rule XI. clause 2(g)(5), of the U.S. House of Representatives provides:

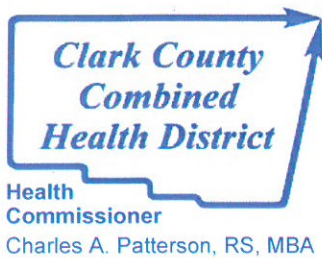
(5)(A) Each committee shall, to the greatest extent practicable, require witnesses who appear before it to submit in advance written statements of proposed testimony and to limit their initial presentations to the committee to brief summaries thereof.

(B) In the case of a witness appearing in a nongovernmental capacity, a written statement of proposed testimony shall include a curriculum vitae and a disclosure of any Federal grants or contracts, or contracts or payments originating with a foreign government, received during the current calendar year or either of the two previous calendar years by the witness or by an entity represented by the witness and related to the subject matter of the hearing.

(C) The disclosure referred to in subdivision (B) shall include—

- (i) the amount and source of each Federal grant (or subgrant thereof) or contract (or subcontract thereof) related to the subject matter of the hearing; and
- (ii) the amount and country of origin of any payment or contract related to the subject matter of the hearing originating with a foreign government.

(D) Such statements, with appropriate redactions to protect the privacy or security of the witness, shall be made publicly available in electronic form not later than one day after the witness appears.



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WIC

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July 11, 2019

Re: Written Testimony to the House Oversight and Reform Committee

Charles A. Patterson, R.S., MBA

Health Commissioner

Good Morning, Mr. Chairman and Members of the Committee:

How does Trauma effect our local community? Our community is a traditional rustbelt city which relied on low skilled, higher wage jobs for many years. As the low skilled job wages did not keep pace and became a thing of the past, and the economy also turned due hard times, many found themselves on unemployment and never went “back” to work. Generational poverty is multi-generations old with generational trauma going hand in hand.

The effects of childhood trauma are felt across the community by those of all socioeconomic levels. The “effects” are seen and felt in daycares, classrooms, playgrounds and sporting activities across the area. As the “effects” draw more of our attention, less time is spent on educating our children about the 3 “R’s”.

As we have been reviewing drug-related deaths in our community since 2015, it is not surprising that we have reviewed the death of a woman, and now have reviewed the death of her son. These are the first-hand effects of trauma in our community. Our juvenile and adult courts are overflowing and much of the problems are related to mental illnesses, anxiety and depression.

What are we doing about Trauma locally? We practice Trauma-Informed Care where our local budgets allow. The Clark County Community has established a Trauma Steering Committee and a strategic plan is in place for our community to address this growing issue. School personnel are not only being trained in Trauma Informed Care, but pathways have been established for rapid response referrals, so students quickly get the needed expert attention necessary to prevent crisis.

Public health is now recognizing the effects of trauma on our children and adults. Our home visiting programs collect the ACE score of the parents to better inform the individualized life plans for the family.

As we have been reviewing drug-related deaths in our community since 2015, it is not surprising that we have reviewed the death of a woman, and now have reviewed the death of her son. These are the first-hand effects of trauma in our community.

Our Community Health Improvement Plan now focuses on mental health needs, the substance abuse epidemic and many chronic illnesses affected by mental health.

We are using evidenced-based best practices for prevention and treatment of trauma. We have been focused on the PAX Good Behavior Game that teaches our children self-control and self-regulation and the Botvin Life Skills curriculum to keep our junior high and high schoolers away from illegal drugs and underage drinking. Drugs, underage smoking and drinking are “easy” fixes for students who are trying to “lose” themselves in an attempt to separate from their trauma.

How can the Federal Government help us locally? Provide more evidenced based research to allow the locals to “implement” with fidelity and not study the problem. We do not have the capacity to perform the research and evaluation functions, but we do find some seed money to implement the programming locally. If evidenced based programming were consistent across the country, children affected by constant relocation would be more likely to receive similar resilience training anywhere they are.

Drive workforce develop in the mental health and substance abuse fields. We cannot fill vacant position in psychiatry, psychology and counseling. Just as we need more family physicians in our medically underserved area, we also need the mental health professionals even more. At the same time our numbers of patients in both fields are on the increase, the shortage makes it even more difficult to recruit to our area making it a vicious cycle for our socio-economic conditions.

Cause Trauma Informed Care to be infused in the curricula at medical schools and schools of nursing nationwide. Requiring our new medical professionals (and current professionals as well) to better understand their patients and the root causes of their chronic illnesses can help the provider better diagnose and treat those ailments- everybody wins.

Charles A. Patterson, R.S., MBA
Health Commissioner
Clark County Combined Health District

Charles is in his thirtieth year of public health. He has twenty years with local health districts and ten years with Ohio Department of Health. He has an undergraduate degree in Biology and Master of Business Administration. His nineteen years as a health commissioner in Clark County have broadened his experience in many avenues of Public Health. He is a past president of Ohio Environmental Health Association and is past treasurer of the Board of Directors of the Association of Ohio Health Commissioners. He is a past president of the Rotary Club of Springfield, past president of the United Way Board of Trustees, past president of the McKinley Hall Alcohol and Drug Rehabilitation Center and previous appointment to the Ohio Sewage Technical Advisory Committee appointed by the Ohio Senate. He believes relationships are the key to moving an organization forward.

Charles A. Patterson, R.S., MBA
529 East Home Road, Springfield, OH 45503
Office: 937-390-5600
cpatterson@ccchd.com

Education

Wright State University
Master of Business Administration, Finance, 1993
Completed course work for concentration in management.

Wright State University
Bachelor of Arts, Biology, 1989
Completed requirements for business minor.

Skills

Finance -Annual budget of \$7.2 million at the Combined Health District
 -Programmatic audits in the Lead Hazard Control Program
 -Audit of Ohio Environmental Health Association (OEHA)
 -Treasury management and budget preparation for OEHA, UW, AOHC, CCFCC

Problem Solving -Risk assessment and reduction
 -Conflict resolution with Ohio legislators
 -Registered Sanitarian, State of Ohio- #2019
 -Abatement design and consultation

Communication -Public speaking to groups from 5 to 500 participants
 -Public/Governmental official education and training
 -Health District primary media spokesperson
 -Quality Management Plan development for U.S. EPA

Leadership -Health Commissioner
 -United Way (UW) Board of Directors/ Past President
 -Association of Ohio Health Commissioners (AOHC)/Board of Directors, Past Treasurer
 -Clark County Family and Children First (FCFC)/Past President
 -Rotary Club Board of Directors/Past President/Finance Committee Chair
 -McKinley Hall Board of Trustees/Past President
 -OEHA Past President, Former Audit and Public Affairs Chair

Computer -Lead licensure database modification for ODH use
 -Database maintenance/report design/SQL queries

Experience

Clark County Combined Health District
 Health Commissioner, 2000-present

Ohio Department of Health (ODH)
 Program Specialist 2, 1997-2000
 Program Specialist, 1995-1997
 District Sanitarian, 1990-1995

Troy-Miami County Health Department
 Environmental Health Generalist, 1989-1990

Activities/Affiliations

Springfield Rotary Club, International Committee, Centennial Committee, Finance Committee
United Way of Clark, Champaign and Madison Counties, 2008-2018, Past President
McKinley Hall Board of Trustees, 2000-2003
Urbana University Nursing and Allied Health Advisory Committee, 2004-2014
Ohio Environmental Health Association (OEHA), 1989-present
Association of Ohio Health Commissioners, 2000-present
National Association of County and City Health Officials, 2001-present