

## TRAUMA INFORMED PRACTICES FOR EARLY CHILDHOOD EDUCATORS

Relationship-Based Approaches that Support Healing and Build Resilience in Young Children

JULIE NICHOLSON, LINDA PEREZ, AND JULIE KURTZ

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# Trauma Informed Practices for Early Childhood Educators

Relationship-Based Approaches that Support Healing and Build Resilience in Young Children

#### Julie Nicholson, Linda Perez and Julie Kurtz

Trauma Informed Practices for Early Childhood Educators guides child care providers and early educators working with infants, toddlers, preschoolers and early elementary aged children to understand trauma as well as its impact on young children's brains, behavior, learning and development. The book introduces a range of trauma-informed teaching and family engagement strategies that readers can use in their early childhood programs to create strength-based environments that support children's health, healing, and resiliency.

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