



Finger Lakes Resiliency Network

Building Stronger Healthier Communities by Investing in People

A

"Relationship Driven Initiative"

We are excited to announce the upcoming kick-off
of the

FLRN's 3rd Trauma-Informed Learning Community Cohort

scheduled to begin

November 2018!

The Finger Lakes Resiliency Network (FLRN) is a Trauma-Informed year long Learning Community that provides education, training, consultation, resources and support to providers who are committed to and invested in becoming trauma-informed. The FLRN was designed to foster organizational growth and development; challenging current practices and utilizing support and shared experiences with other schools and organizations committed to becoming trauma-informed. This network will provide the foundation needed to create trauma informed communities. Members will benefit from ongoing connectedness with other FLRN trauma informed organizations long after the year long training is finished.

The Finger Lakes Resiliency Network's Trauma-Informed Care Learning Community is built on five core values of:

Safety ♦ *Trustworthiness* ♦ *Choice* ♦ *Collaboration* ♦ *Empowerment*

If a program can say that its culture reflects each of these values in each contact, physical setting, relationship, and activity and that this culture is evident in the experiences of staff as well as consumers, then the program's culture is trauma-informed.

For more information, visit us online at www.flrn.guru.

