

Trauma & Resiliency Summit
Columbia River Gorge
Thursday, October 20th, 2016
8:30am – 4:30pm

Objective: To create broad community engagement around intervening on Adverse Childhood Experiences (ACEs) and Trauma, spreading knowledge on Trauma Informed Care, and building community Resiliency to create momentum for culture change.

DAY 1

8am – 8:30am **Breakfast & Check-in**

8:30am – 10:45am **Morning Plenary**

8:30am – 8:45am Welcome – call to action and overview for the day
Emcee: John Huffman

8:45am – 10am ACEs & Trauma Theory
Speaker: Maggie Bennington-Davis, MD

10am – 10:45am What is Trauma Informed Care & What Is It Not
Speaker: Mandy Davis, LCSW, PhD

10:45am – 11am **Break**

11am – 12:15pm **Morning Break-Out Sessions**

Session A: Trauma Informed Services

Positive Youth Justice: Applying lessons from the science of adolescent development to youth services organizations & measuring youth's success by achieving positive outcomes as opposed to avoiding negative outcomes.
Speaker: Molly Rogers

Trauma Informed Education: Considering behaviors as a form of communication and possible symptoms of hyper-arousal, lack of safety, and/or derailment of developmental task mastery.
Speakers: Rick Griffin

Session B: Trauma Informed Health

Trauma Informed Care in Primary Care: What's the purpose of TIC in primary care settings and what does it look like?
Speaker: Kristen Foskett, DNP, FNP, OR-SANE

Burnout, Vicarious Trauma, & Self-Care: Focusing on keeping our care providers well.
Speaker: Sally Rothacker-Peyton, APNP

12:15pm – 1pm **Lunch Served**

1pm – 1:15pm **Mobilizing Action for Resilient Communities (MARC) Grant & The Consortium to Create Sanctuary in the Columbia River Gorge – Claire Ranit**

1:15pm – 2:15pm **ACEs & Resiliency Assessment in Pediatric Clinics**
Speaker: RJ Gillespie, MD, MHPE

2:15pm – 2:30pm **Break**

2:30pm – 4pm **Afternoon Break-Out Sessions**

Session C: Educating the Public About the Issue

Toxic Stress & Fight, Flight, or Freeze: What’s happening in the brain and why people act certain ways under stress.
Speaker: Heather Nielsen, LPC

Reframing the Conversation: Sick & Bad vs. Injured
Speaker: Trudy Townsend

The Power of Film: Utilizing film to spread knowledge. Featuring scenes from Paper Tigers and Mindful Schools.
Speaker: Tyler Bean Kelly

Session D: Resiliency In Our Backyard

YOUTHTHINK: Building resiliency through social-emotional learning.
Speaker: Debby Jones

Parent Bootcamp: How ACEs and trauma can affect parenting and how resiliency can be used to heal.
Speaker: YouthThink Parent

Experience as a Youth: The impact of learning resiliency and social-emotional learning on youth.
Speaker: YouthThink Youth

4pm – 4:30pm **Closing words** – Reflection & summary of day
Speaker: Kimberly Humann, MD

DAY 2

Friday, October 21st, 2016

8:30am – 2pm

8am – 8:30am

Breakfast

8:30am – 10:45am

Morning Plenary

8:30am – 8:45am

Welcome – overview of the day
Emcee: John Huffman

8:45am – 9:30am

Trauma Informed Organizations
Speaker: Doreen Hotchkiss

9:30am – 10:45am

Building a Resilient Community
Speaker: Laura Porter

10:45am – 11am

Break

11am – 12:15pm

Break-Out Sessions

Session E: Doing Something Different

Hopping Off the Hamster Wheel: If we want different results, we need to change the interventions.

Speaker: John Teague, Chief of Police

Mental Health First Aid: What is it, how do we do it, and how do we take it to the next level.

Speaker: Al Barton, MS, LPC

Session F: Recognizing the Power of Resiliency

Building Resiliency for Better Health: The role of resiliency in achieving and maintaining individual health.

Speaker: Laura Porter

Community Health Workers: How new health workers are meeting people where they are.

Speaker: Elizur Bello

12:15pm – 1pm

Lunch Served

1pm – 1:45pm

Interview Panel: Why does being Trauma Informed matter to your organization?

Panel: Barb Seatter, MS; Molly Rogers, MJM; Candy Armstrong, MEd; Debra Gilmore, MPA, JD; Mark Thomas, M.Div., BCC.

Interviewer: Janet Hamada, MSW

1:45pm – 2pm

Closing words

Speaker: Mark Thomas, M.Div., BCC.