



Trauma Informed Oregon

A statewide initiative funded by the Oregon Health Authority

Mission: In recognition of the impact that adverse experiences in childhood have on long-term health outcomes, TIO represents a commitment at the state level to promote prevention and to bring policies and practices into better alignment with the principles of trauma informed care (TIC) while supporting equitable and inclusive services.

What We Do

TIC is a commitment to restore a sense of safety, power, and self-worth to individuals and families. TIO strives to help systems accomplish this in the following ways.

1

Training & Education

- Foundational Knowledge
- Workforce Wellness
- Capacity Building
- Train the Trainer Program
- Online Training Modules

2

Implementation & Accountability

- Consultation
- Technical Assistance
- Research and Evaluation
- Metric Development

3

Policy & Investment

- Stakeholder Input
- Informed Recommendations
- Evidence-based Policy Support
- Advocacy Resources

4

Centralized Resources & Community Building

- Public Website
- E-Newsletter
- Tools and Tips
- Peer Support Resources

- Community Engagement
- Stakeholder Involvement
- Regional Forums
- State Conferences

Impact

Trauma Informed Oregon started in 2014

20k

People Trained

468

Workshops Provided

107

Trainers Trained

23

County Forums

1

Statewide Conference

25

Newsletters Published

Reach

Local

- Works with Housing, Mental Health, Education, Justice, Healthcare, CCOs, Suicide Prevention, Natural Resources, Climate, Higher Education Sectors
- Supports State Health Assessment, Technical Advisory on Climate Change, Child Foster Care Advisory Committee
- Connected with each county in Oregon

National

- Board Member on the Campaign for Trauma Informed Policy and Practice (CTIPP)
- Member of the National TIC Measurement Workgroup
- Connected with other states including: California, New York, Washington, Washington, D.C., and Wyoming

Global

- Board Member on the International Transformational Resilience Coalition
- Online TIC education opportunities in Canada, Indonesia, and Japan.
- Connected with international efforts in the United Kingdom

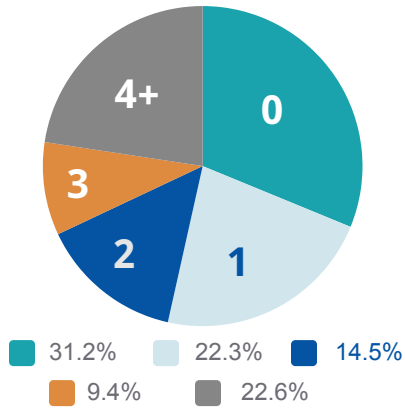
Why Trauma Informed Care in Oregon?

Expected outcomes of awareness and commitment to TIC:

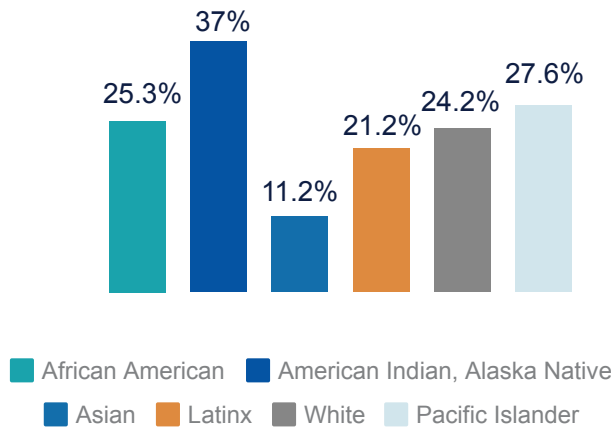
- TIC principles are reflected in policies, practices, and procedures;
- Staff and service users feel safe, empowered, valued, and cared for;
- Increased service engagement, workforce satisfaction, and retention
- Improved community resilience, health, and wellness.

Incidence of Adverse Childhood Experiences (ACEs) in Oregon & Disparities by Race, Income 2016 ¹

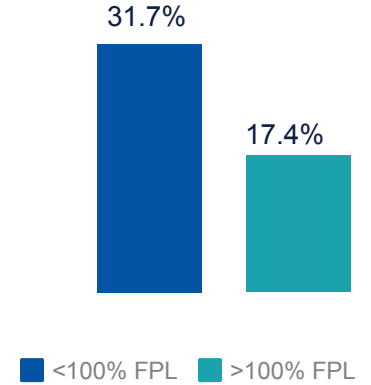
ACEs among adults in Oregon, 2016



4+ACEs among adults in Oregon by race



Adults with high ACE score (4+) by income, Oregon



Incidence of workforce burnout, secondary stress, and vicarious trauma in Oregon

23%

Annual turnover rate among Oregon child welfare workers due to burnout ²

41%

5-year attrition rate among new teachers in Oregon ³

30%

Oregon correctional staff who show symptoms of PTSD ⁴

54%

Physicians who have at least one symptom of burnout ⁵

Statewide Efforts

Regional Initiatives

- The Consortium to Create Sanctuary in the Columbia River Gorge, which is becoming Sanctuary-certified, was one of 14 communities in the national [Mobilizing Action for Resilient Communities project](#);
- Central Oregon TRACES hosted a community summit in 2017 attended by representatives from more than 100 organizations;
- Southern Oregon Success leads a Self-Healing Community Initiative with guidance from ACE Interface that has trained more than 8,000 people across all sectors in Jackson and Josephine Counties;
- Washington County ACEs Initiative has over 50 community partners.

Policy Responses

- HCR 33 — Encourages state officers, agencies, and employees to become informed about impacts of trauma and to implement evidence-based trauma informed care practices and interventions.
- HB 4002 (Chapter 68) — Requires state education agencies to address chronic absences of students and provides funding for trauma informed approaches in schools.
- HB 2401 — Requires the Department of Human Services to provide trauma informed training to child welfare personnel.

Contact Us!

As you learn more about trauma informed care, please let us know how we can support your efforts.

Trauma Informed Oregon provides free, up-to-date resources about trauma informed care, state and national policy trends, training materials, and implementation tools.

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Sources: (1) Oregon Behavioral Risk Factor Surveillance System, 2016; (2) Oregon DHS Foster Care Audit, 2018; (3) 2018 Oregon Educator Equity Report; (4) Densen, B. 2014 in reference to Oregon Department of Corrections report, 2013; (5) Changes in Burnout and Satisfaction With Work-Life Balance in Physicians. Shanafelt, Hasan, Dyrbye, Sinsky, Satele, Sloan, West, 2015.