

DART Resilience Resource Review: February 26, 2021

Vaccination of Group 3 Child Care and PreK-12 school staff

If you are an educator or other childcare employee in [Group 3](#), appointments are being scheduled directly through your employer. If you work within Durham County, please have your principal, director, or other facility lead email PhPlanning@dconc.gov for help scheduling. If you live in Durham but work outside Durham County, email us at PhPlanning@dconc.gov for assistance.

****Licensed and unlicensed child care centers, pre-k programs, and family child care homes are eligible for vaccination at this time****



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Durham Resources and Happenings

Do you have an announcement about a new resource, program, or event? This is the spot to share it!

- [**The Unborn or Briefly Known: Until We Meet Again**](#), Dr. Wanda Boone
Find hope after the private pain of loss. Where are they? These lives gone too soon have found a precious place. Join Dr. Wanda Boone for a conversation on pregnancy loss on March 15th from 7:00-8:00pm.
- [**Mental Health Begins at Birth**](#), READY Project
A two-part virtual workshop on supporting Durham's youngest children this READY-sponsored workshop to build your own understanding of infant mental health, the impact of traumatic experiences on healthy development, and your ability to make a difference for young children. The first session is on March 25th from 9:30-11:00am and the second session is on April 8th from 9:30-11:00am
- [**Stand For Racial Justice Event Registration**](#), Sanford School of Public Policy and Duke Center for Child and Family Policy
Please join the Sanford School of Public Policy and Duke's Center for Child and Family Policy for the Spring 2021 Stand For Racial Justice virtual event featuring the Rev. Dr. Starsky Wilson on Thursday, March 25, 5-6 p.m.
- [**Youth Listening Project Report**](#), Durham Office on Youth

The project prioritized the voices of: youth of color; LGBTQ+ youth; immigrant/migrant youth; youth who are not working and not in school; and youth who have experienced economic hardships, houselessness, and interactions with law enforcement. The Office on Youth set out to hear from Durham's young people about their needs and dreams, and about what they think about the resources in their communities. They wanted to understand what was and wasn't working about Durham's youth services and programs. They knew this would help them set some priorities about the most important things to work on in the Office on Youth. The project could also help guide the work of anyone working to advocate for and support young people in Durham.

Resilience in the News

This section contains news articles on topics relevant to resilience and ACEs. Have you read something that informed your practice or made you think about ACEs and Resilience in a different way? This is a place to share with colleagues.

- [**Disruptions to Child Care Arrangements and Work Schedules for Low-Income Hispanic Families are Common and Costly**](#), ACEs Connection
Child care is a critical support for working families that allows parents to pursue opportunities for employment and economic mobility. Child care's vital role in the lives of families and in the overall economy is reflected in federal and state programs such as the Child Care and Development Block Grant (CCDBG) that aim to improve low-income families' access to care options that support parents' work efforts. A key premise of these programs is that families should have access to care arrangements that can both accommodate the needs of parents and children and that coordinate well with parents' work lives. Yet research consistently shows that many parents encounter challenges

when trying to coordinate employment and child care schedules, particularly for those in low-wage jobs.

- [In a Worldwide Health Crisis, Lessons From Resilient Communities](#), Robert Wood Johnson Foundation
In this post, we highlight five examples of how Culture of Health Prize-winning communities—the Bronx, N.Y.; Lake County, Colo.; Santa Monica, Calif.; Shoalwater Bay Indian Tribe of Washington; and Spartanburg County, S.C.—are responding to COVID-19. They shared their experiences as part of a [virtual panel session](#) of the Culture of Health Prize learning event in October 2020.

ACEs and Resilience Research

This section contains research—academic, community, and organization—about topics related to ACEs and resilience. Did you recently release a report or publish an article or read something that informed your practice? Share it here!

- [Supporting the First 1,000 Days of A Child’s Life: An Anti-Racist Blueprint for Early Childhood Well-Being and Child Welfare Prevention](#), Center for the Study of Social Policy
To support the health and well-being of children and families of color, we must implement comprehensive strategies that address systemic and institutional racism. This report offers a blueprint for creating equity-centered, anti-racist policies that support the health and well-being of children and families of color.
- [5 Facts About Health That Are Often Misunderstood](#), Center on the Developing Child
Did you know that interactions among genes, experiences, age, and environments influence every biological system in the body, with especially powerful effects in the earliest years? When we think about the foundation of early childhood development, we often focus on [brain architecture](#). However, the environments we create and the experiences we provide for young children and their families affect not just the developing brain, but also many other physiological systems. Systems relating to brain development, heart and lung function, digestion, energy production, fighting infection, and physical growth are all interconnected and influence each other’s development and function.
- [Leveraging the Biology of Adversity and Resilience to Transform Pediatric Practice](#), Pediatrics
The opportunity for pediatrics to serve as the leading edge of science-based innovation across the early childhood ecosystem has never been more compelling. In this article, we present a framework for leveraging the frontiers of scientific discovery to inform new strategies in pediatric practice and advocacy to protect all developing biological systems from the disruptive effects of excessive early adversity beyond providing information on child development for parents and enriched learning experiences for young children.
- [Population vs Individual Prediction of Poor Health From Results of Adverse Childhood Experiences Screening](#), Journal of the American Medical Association (JAMA) Pediatrics
In 2 population-based birth cohorts (with a total of 2927 individuals) growing up 20 years and 20 000 km apart, ACE scores were associated with mean group differences in

health problems independent of other information available to clinicians. However, ACE scores had low accuracy in predicting health problems at the individual level.

Webinars, Conferences, and Trainings

- [Prevent Child Abuse NC's 2021 Learning & Leadership Summit](#), March 16-17 2021
This year's Summit will be held VIRTUALLY on March 16 – 17, with a special Pre-Summit day on March 15 for the NC Community Resilience Conference. The 2021 Learning & Leadership Virtual Summit will bring together the latest upstream prevention strategies to support you in making prevention a priority in your community. From our keynote speakers to workshops on everything from Faith to Equity, there are topics for everyone. Our Summit is a great learning and networking opportunity that only comes around every other year. This one-day conference is designed for people who are working in communities across NC to address and prevent ACEs. Attend the **NC Community Resilience Conference** on March 15 for FREE. [Click here](#) to learn more and register.
- [National Conference on Health and Domestic Violence](#), April 27-30th
The National Conference on Health and Domestic Violence seeks to advance partnerships between the healthcare field, the anti-violence field, and affiliated social justice movements; present the latest promising practices, research, and innovative approaches to addressing and preventing violence.
- [Opioid Misuse and Overdose Prevention Summit, More than Opioids: Bolster Equity, Center Lived Experiences, Address Policy-drug use](#), May 4-6 2021
Save the date for the North Carolina Opioid Misuse and Overdose Prevention Summit in May! The summit will be virtual.