

Trauma Matters: A Conversation on Embedding Trauma-Informed Approaches Across the Lifespan

March 25, 2015

AGENDA

- 8:00-8:30 Registration and Networking** (Continental Breakfast)
Enjoy the opportunity to meet and greet your colleagues informally.
- 8:30-9:30 TIC Project Presentations/Resource Tables**
Please visit each of the project tables to learn more about trauma-informed projects in Delaware and pick up materials.
- 9:30-9:35 Welcome: Leslie Brower, PhD. RN - Division of Substance Abuse and Mental Health**
- 9:35-10:00 Opening Remarks: Secretary Rita Landgraf, Department of Health and Social Services Cabinet Secretary**
The Secretary highlights the broad public health impact of adversity and Delaware's efforts toward a culture of trauma-informed approaches.
- 10:00-11:00 Keynote Address: Marcy Witherspoon, MSW, LSW - Philadelphia**
Ms. Witherspoon reviews the prevalence of adverse experiences, the impact of unhealed trauma and the principles of trauma-informed care.
- 11:00-11:20 Trauma and Healing: Adult and Young Adult Stories - Brenda Jones and Young Adult**
Two survivors tell their stories of adverse experiences, services and supports and healing.
- 11:20-12:20 Community Input: Brainstorming**
Please participate in providing input on what it will take to make Delaware a trauma-informed state.
- 12:20-12:30 Closing Remarks**
Next steps in Delaware's journey.
- 12:30 Adjourn**

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SPEAKER BIO

MARCY WITHERSPOON, MSW, LSW

For over three and a half decades, Marcy Witherspoon has been a pillar of the Philadelphia social work community, with degrees from the University of Pennsylvania and Temple University. Currently a social work consultant, Marcy's professional expertise has ranged from in-home direct services to families at risk of child abuse and neglect, to working in the foster care system, to providing services to families with co-occurring issues of child abuse and domestic violence. Marcy firmly believes that a true professional is always seeking to pursue knowledge and refine skills, and to that end, she has spent her entire career involved in the professional development of social workers, early childhood educators, teachers, health care providers and other child-serving professionals. Marcy is a trainer for the Multiplying Connections Initiative of the Health Federation of Philadelphia, a trainer and Family Violence Specialist for the Ambulatory Services Division of the Philadelphia Department of Public Health, and a local and national trainer in the areas of child abuse, domestic violence, trauma, parenting, toxic stress, brain development, and childhood adversity. She always uses a trauma-informed lens, as she recognizes the role that trauma plays in the lives of children and families. Marcy holds a social work license in the state of Pennsylvania and is PQAS certified as well. She is an Adjunct Professor at the Brandywine campus of Pennsylvania State University and the Community College of Philadelphia. Marcy is happily married and the mother of an adult daughter.

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OVERVIEW

Delaware Trauma-Informed Care Interest Group (TICIG)

What is the TICIG? The TICIG began in 2013 at a coffee shop in Wilmington when several people working on TIC projects decided to get together to learn about each other's work. We decided to meet again and to invite others in state and county government to participate.

Who are the members? The current members are listed at the end of this document. However, the idea is to be as inclusive as possible of parties interested in trauma-informed care – such as trauma survivors and service recipients, community organizations, providers, policy makers, and advocates.

What is the group's mission? To advance trauma-informed initiatives in Delaware.

How does the group operate? The group operates with an informal, collaborative structure that is rather organic – that is, we are open to ideas about how best to promote TIC in Delaware.

How can someone participate?

- Reach out to any of the current members.
- Commit to learn more about the impact of trauma and the value of trauma-informed approaches.
- Work within your community or organization to foster an environment that is trauma-informed.
- Join ACEsConnection.com, a website devoted to disseminating information about TIC resources and efforts. The TICIG has registered a Delaware “group” on the site that will support sharing information about resources, activities, and events, as well as support publishing blog posts. You can also search the site on your own and/or request to be on the regular Adverse Childhood Experiences (ACEs) e-mailing list.

How will information from today's event be used? We will create and send out a summary of significant outcomes from today's proceedings, and announce any planned steps. We will use the ACEsConnection.com website to seek additional input from community members and to connect with and support each other as we all move forward.

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MEMBERS

Frann Andersen	Department of Developmental Disability Services
Edward Atwood	Department of Corrections
Fred Breukelman	Division of Public Health
Kate Brookins	Family Court
Leslie Brower	Division of Substance Abuse and Mental Health
Judith Caprio	Department of Corrections
Phyllis Chamberlain	Homeless Planning Council
Jennifer Davis	Department of Education
Aileen Fink	Department of Services for Children, Youth and their Families
Shannon Griffin	American Civil Liberties Union
Paulina Gyan	Division of Public Health
Eliza Hirst	Office of the Child Advocate
Carrie Hyla	Family Court
Rose Imhof	Division of Services for Aging and Adults with Physical Disabilities
Kathleen MacRae	American Civil Liberties Union
Noel Mazade	Consultant
Karen McGloughlin	Division of Public Health
Jaqueline Mette	Family Court
Rachel Beatty	Homeless Planning Council
John Sadowski	Department of Education
Lisa Schwind	Office of the Public Defender
Lezley Sexton	Connections Community Services, Inc.
Janet Tillman	Delaware Coalition Against Domestic Violence
Robin Timme	Connections Community Services, Inc.

Inventory of Trauma Informed Programs in Delaware.

DEPARTMENT	PROJECT NAME & LEAD	POPULATION	GOAL/PURPOSE	OBJECTIVES	CURRENT PROGRESS
Division of Public Health (DPH)	Early Childhood Comprehensive Systems (ECCS): Building Health through Integration Project Lead: Paulina Gyan 302-744-4922	Families, care takers and providers of children 0-3yrs	Strengthen Delaware's child mental health infrastructure through multiple systems about the adverse effects of toxic stress on children (0-3 years).	Educate early childhood providers about adverse childhood experiences (ACEs) and reduction of toxic stress; screening and monitoring of families with young children with ACEs, domestic violence; enhance trauma-informed systems, strengthen infant mental health, attachment and protective factors. Sustain and build collaborations across systems.	Year two of grant: Contractual agreements with 7 state/nonprofit org; Provided ACEs training to about 30 early child care providers; Sponsored speaker to address ACEs at "Making a Difference " conference; provided ACEs screening for 133 families within 2 Federally Qualified Health Centers (FQHC); domestic violence training to 30 early childcare providers; parenting education to at-risk families through Strengthening Families program.
DPH & Delaware Coalition Against Domestic Violence	Project Connect Leads: Karen McGloughlin & Noel Duckworth 302-744-4703	Women of reproductive age	Improve outcomes of women at risk for domestic/sexual violence by developing stronger partnerships and policies in sexual and reproductive health settings.	Standardize use of brochure-based interventions to assess for violence; Offer harm reduction strategies; Offer referrals to community based domestic violence programs when needed.	Entering evaluation phase of project; Expansion of training to public health clinics; Hoping to make a standard practice throughout state.
DPH & Delaware Coalition Against Domestic Violence	Rape Prevention and Education Grant Leads: Karen McGloughlin & Noel Duckworth 302-744-4703	College age population (students)	Build statewide infrastructure and capacity to promote gender equality. Implement strategies for norms change. Engagement of men in violence prevention in campus settings.	N/A	N/A
DPH & Jewish Family Services	Rape Prevention and Education Grant Leads: Karen McGloughlin & Dory Zatuchni 302-744-4703	Adjudicated Youth	Educate youth on healthy relationships. Participants will uncover teachable moments and will develop an understanding of rape and rape prevention. Learn steps to positively impact life through personal change.	Understand media literacy, power, & influence. Recognize how advertisers target audience for "buy in" Awareness of components used to construct a media message Deconstructing media messages.	N/A
Delaware Judiciary Justice of Peace Court	Truancy Court Lead: Edward Atwood 302-739-1293	Adults with truant children (5-16 yrs); truant juveniles (12-17 yrs)	To support and collaborate with school districts in their early intervention efforts to address the obstacles to regular attendance for a critically at-risk segment of the state's population.	Provide judicial oversight and coordination of truancy intervention plans to improve students' attendance and academic performance. Partner with school districts, Dept. of Education (DOE), private providers, and state agencies to enhance resources. Support timely and appropriate referrals to Truancy Court.	Progress is measured by program compliance rates. Students achieving compliance/success with the Court generally have demonstrated an 80% - 90%, or greater, reduction in the rate of unexcused absences. Secondary considerations in determining success are students' academic performance and overall functioning in the school setting.

<p>Division of Substance Abuse and Mental Health (DSAMH)</p>	<p>Mental Health Transformation Grant of Trauma-Informed Care (2010-2015)</p> <p>Lead: Leslie Brower 302-255-9698</p>	<p>Persons with mental illness and/or addiction and the DSAMH contract agencies that serve them.</p>	<p>Prepare outpatient providers and support specialists to apply principles that integrate the impact of trauma history into treatment and support services; Provide universal trauma screening and assessment; Prepare peer support specialists to provide peer support.</p>	<p>Instill the elements of trauma informed care (TIC) into the following components: 1. State policy defining trauma, 2. Workforce training & orientation to TIC, 3. Full inclusion and involvement of Consumer. 4. Trauma Survivor Recovery, Implementation of TIC.</p>	<p>Completion of the majority of attended activities with future plans in Year 5 for further training and technical assistance. Major data collection is complete.</p>
<p>Administrative Office of the Courts</p>	<p>Victim Awareness and Safety Enhancement (VASE)</p> <p>Lead: Kate Brookins 302-255-2499</p>	<p>Adult, justice-involved victims of domestic violence, dating violence, sexual assault, or stalking who are participants in Mental Health Court or Human Trafficking Court.</p>	<p>Identify victims of domestic /sexual violence and offer trauma informed services; Address the root cause that led to their involvement with criminal justice system and reduce recidivism; Improve justice system understanding and response to issues related to victims of domestic violence/sexual abuse (DV/SA).</p>	<p>Develop individualized safety and crisis management plans for each justice involved victims of DV/SA; Educate victims of violence about DV/SA and refer them to treatment services; Provide education to the judiciary about DV/SA issues.</p>	<p>Recently completed first year of VASE operations and received continuation funding for 2 additional years.</p>
<p>Division of Developmental Disability Services (DDDS)</p>	<p>Statewide Training & Advisory Network of Delaware (STAND)</p> <p>Lead: Leslie Hailey 302-839-2132</p>	<p>Individuals with Intellectual and Developmental Disabilities.</p>	<p>Offer support to individuals with Intellectual Developmental Disabilities (I/DD) and a history of trauma; Train Self Advocates to educate public of issues specific to I/DD and trauma.</p>	<p>Individuals with I/DD learn more about trauma and where to find help; Self Advocates educate the public on abuse of those with I/DD; work with those with I/DD to identify avenues of support.</p>	<p>Train the Trainer Training is complete. DDDS staff and self-advocates have completed 18 educational groups; all handouts and survival packs have been distributed at the LIFE conference in January 2015.</p>
<p>Delaware Family Court/Casey Family Programs</p>	<p>Education Demonstration Project</p> <p>Lead: Jaqueline Paradee Mette 302-255-0300</p>	<p>Youth touched by the child welfare system.</p>	<p>Improve education outcomes and overall well-being of youth involved in child welfare system. Focus on school climate, trauma, and building compassionate schools.</p>	<p>Cross-system collaboration between schools, Division of Family Services (DFS), DOE, Law Enforcement Agencies, & Office of Court Administration (OCA) to evaluate school-related components of youth in child welfare system and create interventions to improve educational outcomes; Provide training on Compassionate Schools model to districts state-wide.</p>	<p>N/A</p>
<p>Department of Services for Children, Youth and their Families (DSCYF)</p>	<p>Trauma Informed Care Initiative (TIC)</p> <p>Lead: Aileen Fink 302-633-2634</p>	<p>Children and families receiving services from DSCYF and DSCYF Staff</p>	<p>Develop a trauma informed system of care</p>	<p>Embed trauma informed care principles and practices into policy and administrative support, workforce (recruitment, training and retention), service delivery and cross-system collaboration.</p>	<p>Entering the third year of the initiative; established DSCYF TIC Steering Committee, conducted department-wide TIC survey, initiated communications campaign, began TIC strategic planning, initiated TIC language into requests for proposals, expanded staff TIC training.</p>