

Parents stay positive



with Triple P - Positive Parenting Program

Our free 90 minute seminars can help you:

- Raise happy, confident children
- Manage children's behavior so everyone enjoys life
- Increase your child's resilience and confidence
- Balance work and family with less stress



Seminar 1

The Power of Positive Parenting

An introduction to the five key principles of positive parenting and how to make them work for your family.

Seminar 2

Raising Confident, Competent Children

Parents are introduced to six core building blocks for children to become confident and successful at school and beyond.

Seminar 3

Raising Resilient Children

Learn about emotional resilience, why it's important for children and how you can help children manage their emotions.

Seminars are for: Parents and Caregivers of children age 0 -12. Each two hour seminar includes a presentation, tip sheet, discussion and question time.

Find a Seminar and other Triple P offerings at www.frcec.org



Extension
UNIVERSITY OF WISCONSIN-MADISON
EAU CLAIRE COUNTY



Family Resource Center
Because Children Don't Come With Instructions

**CHILD ABUSE & NEGLECT
Prevention Board**
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