



Compensated Opportunity to Join Our Community Advisory Committee!

Exploring the Healthy Meal Landscape in City Heights

ABOUT KITCHENS FOR GOOD

Kitchens for Good breaks the cycles of food waste, poverty and hunger through innovative programs in workforce training, healthy meal production, & social enterprise. Please visit kitchensforgood.org for more info.

PROJECT OVERVIEW

In partnership with Price Philanthropies, Kitchens for Good will be conducting a Community-based Collaborative Research project to understand City Heights' local food landscape and learn about working families' needs and suggestions for accessible healthy meals in the neighborhood. More specifically, this project aims to identify the key barriers to healthy meal access (if any) for working families and residents' recommended meal distribution models that could increase access to affordable, convenient, and nutritious meals. KFG defines "accessible healthy meals" as meals that are geographically close, affordable, culturally appropriate, and nutritious. Based on the findings of the study and recommended solutions, KFG will conduct and assess 2-3 pilot programs.

Methods: We aim to collect and analyze rich data from a diverse cross-section of City Heights residents through a combination of surveys, interviews, focus groups, community mapping, and observational scans.

COMMUNITY ADVISORY COMMITTEE DETAILS

This study will follow a Collaborative approach, prioritizing the insights and contribution of community stakeholders to create action-based solutions. As a member of the Advisory Committee, your oversight and knowledge will play a critical role in helping us to frame the research questions, reach and engage the community, and formulate strategies to address the needs, issues, and concerns highlighted in our research.

QUALIFICATIONS: Must be an engaged City Heights community member with an interest in helping to identify and advance healthy food access in the neighborhood

COMMITMENT: Attend monthly meetings (5 total) and at least one community mapping session (3 total)

COMPENSATION: You will be compensated **\$50** for every advisory and mapping meeting you attend. You will also be included in any co-authorship and receive community recognition of your role in the study.

PROJECT DURATION: This project will run from August 2018 - December 2018

If interested, please email Brett@KitchensForGood.org for more information.