

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

Film Screening and Conversation

Thursday, March 17, 2021

To register go to:

10am-12pm

www.fosterluv.com/webinars

Toxic stress can damage the brains and bodies of children, putting them at a greater risk for disease, and other poor life outcomes. *Resilience* shows what communities are doing to protect children from the effects of toxic stress using cutting-edge science and field-tested therapies.

Learn the steps we can all take to build resilience in our families and communities so that our children have the skills to thrive, adapt and cope despite tough and stressful times.

This no cost screening is brought to you by



Foster Kinship Care Education Program-Solano College

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