

# Sonoma County ACEs Connection



Sonoma County ACEs Connection aims to collaboratively inform the community about ACEs, their lifelong effects and effective interventions. We work to promote evidence-based strategies and programs to reduce the impact of ACEs; to build resilience and prevent future ACEs; and to change systems to identify and serve persons impacted by trauma more effectively.

Sonoma County ACEs Connection began a few years ago with a handful of service providers meeting for lunch in a pizza restaurant. Since then we received a six-figure multi-year funding grant, conducted hundreds of local presentations about adversity and early childhood development, and speak about our efforts at regional and national conferences on trauma and resilience.

### What We Do

- We bring the community together to prevent, heal, and treat ACEs while promoting resiliency.
- Work across sectors to bring together ACEs champions from across the county.
- We raise awareness and understanding of ACEs, trauma informed practices and resilience building efforts by hosting informational tables at various events
- Leveraged a two-year grant from the Robert Wood Johnson Foundation and the California Endowment received in 2015 to train a Fellowship of community educators on NEAR Science (Neurobiology, Epigenetic, Adversity and Resilience Science) to help us further spread awareness about toxic stress specific impact on the body.

## **Early Results**

- We trained 60 people from education, healthcare, social services, law enforcement and other areas who then became Fellows.
- The Fellows have conducted more than 100 presentations in 2017 and continue to offer them to professionals, parents, foster parents, and the general community.
- KRCB (the local Public TV/radio station) produced a video about ACEs, featuring our members and local experts.
- Friends Outside Sonoma (an SCAC partner) developed a print brochure to provide ACEs awareness to incarcerated persons and their families. The brochure has since proven very popular with other audiences.
- The Sonoma County Office of Education (SCOE) (an SCAC partner) is taking the lead this year
  in implementing two trainings: Trauma Informed Agency Champions and the Restorative Culture
  Collaborative.

### **Legislative Districts**

Assembly: 2, 4, 10

Senate: 2, 3

### **Events Calendar**

Please join us the the fourth Wednesday each month at the Child Parent Institute from 3:15–5:00pm

Check our website for directions and details.

# **Learn More**

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**ACEs Connection** 

ACEsTooHigh.com

4CAKids.org

California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	CA	Sonoma County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	15.0%
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	51.6%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).



