

# **Resilient Placer**

Resilient Placer aims to raise awareness about the prevalence of ACEs in our community; increase trauma sensitive practices and policies; foster inter-agency collaboration to better serve residents; and improve practices at the direct service level. Our goal is to reduce barriers to high quality clinical, educational, health, and support services for residents who have experienced trauma and have mental health needs.

Resilient Placer is a coalition of community members representing early childhood, family services, education, health care, mental health, juvenile, adult and civil justice, government, and other community-serving organizations. We strive to create a more resilient Placer by educating individuals, the community and organizations about ACEs, trauma and resilience; and, by providing training and resources for making policy and practice changes that are needed to reduce the barriers to high quality services and create healing in our community.

### What We Do

- Creating a series of webinars to educate community providers in Placer County about ACEs
  and the effects of toxic stress. These webinars target the needs of different sectors including
  health, social services, juvenile justice, adult and civil justice, family serving organizations, early
  childhood and schools.
- Convienes a leadership team for Placer County's annual Trauma and Resiliency Summit which
  educates community providers about ACEs science, trauma-informed care, resilience building,
  and self-care.
- Offers a variety of presentations on trauma-informed practice throughout the community and across diverse settings.
- Through the ACEs Connection website seeks to create supportive community among those who provide services to trauma impacted families.

# **Early Results**

- Hosted the first ever Trauma and Resiliency Summit from diverse community sectors with over 360 attendees from different community sectors such as health care, child welfare, law enforcement, social services, government, education, and community based organizations.
- Supported local community based organizations to reflect trauma-informed practices and policies through their work. For example:
  - KidsFirst Safety and Trauma-Informed Committee changed their mission statement and Trauma-Informed practices in their facilities.
  - Placer County Office of Education is hosting a trauma informed training as well as integrating Trauma-Informed practices into Positive Behavior Interventions and Supports.
  - Community Resources and Recovery to do trauma-informed training within their organization.
  - First 5 Placer Commision incorporated a focus of trauma-informed approaches into its 2018 Strategic Plan.

# Legislative Districts:

Assembly: 1,5, 6 Senate: 1, 4

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# Learn More

Resilient Placer
ACEs Connection
ACEsTooHigh.com
4CAKids.org

California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	CA	Placer County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	13.5%
Children Who Are Resilient	49.7%	52.4 %	51.0%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).



