

Growing Resilient Lake County

We are dedicated to preventing and reducing the number of adverse childhood experiences (ACEs) in the Lake County region, creating opportunities to heal from past trauma and building a Resilient Lake County community. We raise awareness about ACEs and the effects of toxic stress.

Growing Resilient Lake County is a coalition of community members representing early childhood, family services, education, health care, Indigenous communities, mental health, juvenile justice, government, business, libraries, and other community-serving organizations. We strive to create a more resilient Lake County region by educating individuals, communities and organizations about ACEs, trauma and resilience; and, by providing training and resources for making policy and practice changes that are needed to create healing in our citizenry, organizations and systems.

What We Do

- Creating and disseminating materials, public service announcements, and providing ACEs 101 educational sessions.
- Educating people in Lake County about ACEs and the effects of toxic stress by creating materials across different sectors including health, mental health, faith-based communities, cultural centers, tribal centers, juvenile justice, businesses and schools.
- Improving resilience in and recognizing the mental and emotional impact on service providers who support consumers with high ACE scores.
- Creating a supportive environment that promotes safety, self-care and resilience building for our members and our communities.

Early Results

- Development of Lake County Wellness Roadmap in partnership with the Trauma-Informed Guide Team and including the ACE survey.
- Collaboration of partners throughout Lake County region, including First 5 Lake County, Lake County Children’s Council, Lake County Office of Education, Healthy Start, Kelseyville Unified School District, Lakeport Unified School District, Konocti Unified School District, Grace Church, Redwood Community Services, Inc., Student Reach, Lake Family Resource Center, Health Leadership Network, PBIS, CASA, North Coast Opportunities, Robinson Rancheria Pomo Indians, Pomo of Upper Lake Habematolel, Lake County Tribal Health, Scotts Valley.
- Community trainings on trauma-informed, public health model, self-care and regulation, attachment theory, ACEs/toxic stress, and the Brain Game.
- Community events and outreach, including *Paper Tigers* and *Resilience* screenings, the Children’s Festival, and public service announcements.

Legislative Districts

Assembly: 4

Senate: 2

Events Calendar

Join us one Tuesday each month.

Kesey Room

Lake County Office of Education

1152 S Main Street, Lakeport, CA 95453

Contact Information

Ana Santana

asantana@lakecoe.org

Learn More

[Northern California ACEs Connection](#)

[ACEs Connection](#)

[ACEsTooHigh.com](#)

[4CAKids.org](#)

California Campaign to

Counter Childhood Adversity.

2016 Estimated Percentages Reported by Parents	USA	CA	Lake County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	N/A*
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	N/A*

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children’s Health and the American Community Survey (Mar. 2018).

* Source: The Wellness Roadmap, June 2017

* Data is unavailable for some counties because counts are too small to reliably derive estimates.

2 of 3 adults in substance use disorder treatment, report child abuse and neglect.

7 of 10 adolescents in substance use treatment had a history of trauma exposure.