

Resilient Del Norte

We are dedicated to understanding ACEs and resilience in our community; sharing our knowledge with others; building collective impact to minimize future exposure to ACEs and build resilience in individuals, families, and communities in Del Norte County and Adjacent Tribal Lands.

We strive to create a more resilient Del Norte County and Adjacent Tribal Lands by educating individuals, communities and organizations about ACEs, trauma and resilience; and, by providing training and resources for making policy and practice changes that are needed to create healing in our citizenry, organizations and systems.



What We Do

- Our core partners are the members of the Del Norte CAPC (Child Abuse Prevention Council) Education Committee, including representatives from the Department of Public Health, CASA of Del Norte, the Del Norte Child Care Council, First 5 Del Norte, Del Norte Unified School District, Tolowa Dee-Ni' Nation, and Building Healthy Communities.
- Provides opportunities for service providers and community members to network and learn from each other.
- Actively supports the implementation of trauma-informed practices that increase resilience and wellness for all residents, through outreach during community events engaging people across many settings.
- Recognizes the mental and emotional impact on those who provide services to communities that experience high ACE scores.
- Seeks to create a supportive environment that promotes self-care and resilience building for our members.

Early Results

- Hosted community trainings on Secondary Trauma and Compassion Fatigue, Trauma-Informed Practice & Policy Implementation, Mental Health First Aid (Youth), Police Academy, and BioSocial Cognition.
- Del Norte Child Abuse Prevention Council, with the support of The California Endowment, are currently working to educate community members and leaders about the science of ACEs and resiliency, and the importance of working to minimize ACEs exposure in children and build resiliency and healing in children, youth, adults, and families.
- Presented a full ACEs/Resilience presentation to Board of Supervisors. Hosted two successful community roundtables on the subject. Our CAPC, Del Norte Unified School District, and the Child Welfare Department worked together to bring outside training for all organizations by sharing costs for a full four days of training.

Legislative Districts

Assembly: 1
Senate: 2

Events Calendar

Please join us the first Tuesday of every month from 12:30–1:30pm
495 Pacific Avenue
Crescent City, CA 95531

Learn More

- [Del Norte County ACEs Connection](#)
- [ACEs Connection](#)
- [ACEsTooHigh.com](#)
- [4CAKids.org](#)
- California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	CA	Del Norte County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	N/A*
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	N/A*

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).

* Data is unavailable for some counties because counts are too small to reliably derive estimates.