



## FROM TRAUMA TO RESILIENCY

Trauma-Informed Practices for Working with Children, Families, Schools, and Communities

Edited by Shulamit Natan Ritblatt and Audrey Hokoda



September 2022: 266pp  
14 illustrations

Hb: 978-0-367-48263-3 | \$160.00  
Pb: 978-0-367-48262-6 | \$39.95  
eBook: 978-1-003-04629-5

### TABLE OF CONTENTS:

Introduction: Understanding Trauma and the Importance of Relationship-Based Practices to Promote Resiliency *Shulamit N. Ritblatt and Audrey Hokoda*; Section I. Child and Family Focus; 1. Working with Low-Income Depressed Mothers and Their Infants; *Ruth P. Newton* 2. A Biological Imperative to Thrive: Supporting Military Families with Young Children; *Kim A. Flowers, Donna K. Hilt, and Audrey Hokoda* 3. Prevalent but Hidden: Sexual Abuse, Its Impact, and the Healing Process for Children and Parents; *Shulamit N. Ritblatt and Miranda Cruz* ; 4. Developing Child Resiliency through Art Intervention: A Strengths Perspective; *Teresa Grame* ; 5. Refugees' Resettlement and Traumatic Experiences: Utilizing Trauma-Informed Practices with Refugee Women to Address War Trauma and Enhance Resilience; *Shulamit N. Ritblatt and Audrey Hokoda*; 6. *Creciendo Juntos* (Growing Together): Building Leadership in Latino Parents in a Trauma-Informed Elementary School; *Audrey Hokoda, Maria Rodriguez, Shulamit N. Ritblatt, Shannon Schiele, and Colette L. Ingraham* 7. Pride and Shame: Working with Sexual and Gender Variance; *Nicole M. Kent* ; Section II. School and Community Focus; 8. Promoting Wellness with Native American Youth: Culturally Informed Resilience Practices to Reduce the Effects of Trauma; *Carol Robinson-Zañartu, Ann Huynh, and Bryanna Kinlicheene* 9. Centering the Community's Voice and Needs in Gang Prevention and Intervention Through a Trauma-Informed Lens; *Joey Nuñez Estrada Jr., Edwin Hernandez, and Jesus Sandoval Hernandez*; 10. Children Experiencing Loss and Deprivation of Parental Care; *Shulamit N. Ritblatt, Audrey Hokoda, Nory Behana, Barbara Wojtach, Christopher Walsh, and Christina Gonzalez* 11. Healing Around the Table: A Trauma-Informed Approach to Community Nutrition

**20% Discount with this flyer!**

## From Trauma to Resiliency

Trauma-Informed Practices for Working with Children, Families, Schools, and Communities

Edited by **Shulamit Natan Ritblatt**, San Diego State University, California, USA and **Audrey Hokoda**, San Diego State University, California, USA

*From Trauma to Resiliency* integrates research and practice of trauma-informed care, reviewing the neuroscience of trauma and highlighting relationship-based interventions for diverse populations that have faced multiple traumas. Professionals and students in counseling, social work, psychology, child welfare, education, and other programs will come away from the book with culturally affirming trauma-informed interventions and models of care that promote well-being and resilience.

**20% Discount Available - enter the code FLE22 at checkout\***

Hb: 978-0-367-48263-3 | \$128.00  
Pb: 978-0-367-48262-6 | \$31.96

*\* Offer cannot be used in conjunction with any other offer or discount and only applies to books purchased directly via our website.*

*For more details, or to request a copy for review, please contact: Katya Porter, Editorial Assistant, 0000000, katya.porter@informa.com*



Taylor & Francis Group  
an informa business

## Taylor & Francis eBooks

A single platform containing 90,000+ eBooks of award-winning academic content spanning humanities, social science, science, technology, engineering, and medical.

A streamlined experience for library customers

A single point of discovery for our eBook content

Access books & book chapters  
PDFs available for download

A dashboard with data visualization of usage, denials, and much more

Request a **FREE Trial:**  
[support@taylorfrancis.com](mailto:support@taylorfrancis.com)

Learn More by visiting [www.taylorfrancis.com](http://www.taylorfrancis.com)

## Routledge Paperbacks Direct

Responding to the changing needs of academics and students, we have now made a selection of our hardback publishing available in paperback format. Available directly from Routledge only and priced for individual purchase, titles are added to the selection on a regular basis.



For a full list of available titles, visit:  
[www.routledgepaperbacksdirect.com](http://www.routledgepaperbacksdirect.com)



## Routledge Revivals

Discover Past Brilliance...

[www.routledge.com/books/series/Routledge\\_Revivals](http://www.routledge.com/books/series/Routledge_Revivals)

## Order your books today...

All of our books are available to order direct. Alternatively, contact your regular supplier.

### IF YOU ARE IN THE US/CANADA/LATIN AMERICA:

Telephone: Toll Free 1-800-634-7064  
(M-F: 8am-5:30pm)  
E-mail: [orders@taylorandfrancis.com](mailto:orders@taylorandfrancis.com)  
Online: [www.routledge.com](http://www.routledge.com)

#### Sales Tax/GST:

Please add local sales tax if applicable in your state.

Canadian residents please add 5% GST.

#### Postage: US:

Ground: \$5.99 1st book;  
\$1.99 for each additional book  
2-Day: \$9.99 1st book;  
\$1.99 for each additional book  
Next Day: \$29.99 1st book;  
\$1.99 for each additional book

#### Canada:

Ground: \$7.99 1st book;  
\$1.99 for each additional book  
Expedited: \$15.99 1st book;  
\$1.99 for each additional book

#### Latin America:

Airmail: \$44.00 1st book;  
\$7.00 for each additional book  
Surface: \$17.00 1st book;  
\$2.99 for each additional book

### IF YOU ARE IN THE UK/REST OF WORLD:

Telephone: +44 (0) 1235 400524  
Fax: +44 (0) 1235 400525  
E-mail: [tandf@bookpoint.co.uk](mailto:tandf@bookpoint.co.uk)  
Online: [www.routledge.com](http://www.routledge.com)

#### Postage:

**UK:** 5% of total order  
(£1 min charge, £10 max charge).  
Next day delivery +£6.50\*

**Europe:** 10% of total order  
(£2.95 min charge, £20 max charge).  
Next day delivery +£6.50\*

**Rest of World:** 15% of total order  
(£6.50 min charge, £30 max charge).

\*We only guarantee next day delivery for orders received before noon.

### Library Recommendation

Ensure your library has access to the latest publications. Contact your librarian with details of the books you need and ask them to order a copy for your library.

### Complimentary Exam Copy Request

To order a complimentary exam copy, please visit:  
[www.routledge.com/info/compcopy](http://www.routledge.com/info/compcopy)

*Prices and publication dates are correct at time of going to press, but may be subject to change without notice.*

Our publishing program continues to expand so please visit our website to stay up-to-date.

[www.routledge.com](http://www.routledge.com)



**FREE STANDARD SHIPPING**  
on all orders placed on [www.routledge.com](http://www.routledge.com).