

## PROCLAMATION

## TO ALL TO WHOM THESE PRESENTS COME - GREETINGS:

WHEREAS: Adverse childhood experiences (ACEs), such as abuse, neglect, an incarcerated parent, or a parent who suffers from substance abuse or mental illness, are harmful events that happen during childhood; and

WHEREAS: Studies in the fields of neurobiology, psychology, epigenetics, child development, and medicine, among others, show that ACEs create toxic stress in children that has lasting consequences for their physical and emotional health well into adulthood, and can be passed on to the next generation; and

WHEREAS: Research shows that exposure to ACEs and toxic stress significantly increases a person's risk for chronic disease, obesity, premature death, mental illness, substance abuse, incarceration, and becoming a victim of violence; and

WHEREAS: Almost 60% of Arkansas adults have at least one ACE; and

WHEREAS: By working together, the negative effects of ACEs can be reduced by preventing ACEs and helping individuals build resilience to adversity through safe, stable, and nurturing relationships in the home and community;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim October 13<sup>th</sup>, 2017 as

## ADVERSE CHILDHOOD EXPERIENCES AWARENESS AND ACTION DAY

across the State, and I encourage my fellow citizens to learn more about how ACEs affects their families and communities, and to join the movement to build resilience in Arkansas.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 27<sup>th</sup> day of September, in the year of our Lord 2017.

Asa Hutchinson, Governor

Attests

Mark Martin, Secretary Of State