

Conference Registration

Pricing Details:

- \$100 Conference only
\$125 Conference and Dinner presentation
\$25 Dinner Presentation only

[Register Online at www.akcache.org](http://www.akcache.org)

Registration Assistance Provided by:

UAA Alaska Center for Rural Health and Health Workforce - Alaska's AHEC
3211 Providence Dr BOC 3-250
Anchorage, AK 99515-4614
Pat Sammartino 907-786-6589
plsammartino@alaska.edu

Continuing Education Credits



Psychologist: UAA Center for Behavioral Health Research & Services (CBHRS) is approved by the American Psychological Association to sponsor continuing education for psychologists.

CBHRS maintains responsibility for this program and its content. The activity has been approved for up to 11 APA credits.

Social Worker: This program has been approved by the National Association of Social Workers-Alaska Chapter for 9.25 social work clock hours in Substance Abuse Training per approval certificate #OA081817-014 AK

Physician: This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association. Providence Health System is accredited by the WSMA to provide continuing medical education for physicians.

Providence Health System designates this live activity for a maximum of 9.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants should check with their respective State Boards to confirm acceptance of these credits.

About the Conference

The conference will spotlight case studies highlighting the necessity of a multi-disciplinary approach in addressing the complexity of trauma combined with addiction.

Addiction has been defined as a primary, chronic disease of brain reward, motivation, memory and related circuitry. A series of case studies will highlight the dysfunction in these circuits over time, leading to the characteristic biological, psychological, social and spiritual manifestations.

Presenters will address the science which explains clients' inability to abstain, with remedies which enhance will power. Speakers will define the essential sequential shifts in thinking patterns that with repetition result in addiction. The conference speakers will discuss interventions addressing the addicts' dysfunctional emotional and behavioral responses impacting their interpersonal relationships.

Objectives of the Conference

After completion of the symposium, participants will be better able to:

1. Name a structure in the brain involved in social exclusion/social pain and its relationship to addiction.
2. Summarize common tactics utilized to justify continued substance use.
3. Illustrate how literature can be a tool in understanding maladaptive patterns of behavior.
4. Describe cognitive shifts that lead to addiction and are involved in recovery.
5. Define the key federal and state laws governing child protection practices.
6. Cite two examples of the way addiction and attachment disorders mirror and mask one another.
7. Compare and contrast the efficacy of methadone, buprenorphine and naltrexone in the treatment of heroin addiction.

3211 Providence Dr., PSB 212
Anchorage, AK 99508



Longitudinal Progression of Complex Trauma and Addiction: Case Studies and Interventions



August 18, 2017

8 am - 5:30 pm

Dinner presentation

6 pm - 7:30 pm

UAA Lucy Cuddy Hall



Conference Schedule

8:00 to 8:15 am

Welcome

JoAnn Bartley Ph.D, Licensed Psychologist, Dept.
Chair Human Services UAA College of Health

8:15 to 9:00 am

Psychodynamics of Addictive Thinking

Ron Greene CDCS

“A Visual on Psychopathology”

The Anchorage Community Theater

9:00 to 10:30am

The Outsider: Social Pain and Addiction

Christopher La Tourette La Riche, MD

10:30 to 10:45 am - Break

10:45 to 11:45 pm

Cognitive Shifts in Addiction and Recovery

Peter Osterbauer MD

11:45-1:30 pm Catered Lunch Presentation

Heroin: When Abstinence isn't enough.

Paula Colescott, MD

“A Visual on Recovery: The Road to Brighton”

1:30 to 2:45 pm

Facilitating a Protective Environment for Children

Travis Erickson, MS, MBA

2:45 to 3:00 pm - Break

3:00 to 4:00 pm

Addition's Long Arm: Attachment and its Effect on Intimacy

Sherry Young, Ph.D.

4:00 to 5:30 pm

Case Presentation and Panel Discussion

Dr. Rider, Dr. Colescott, Dr. Young,
Dr. La Tourette La Riche, and
Kim Guay (OCS Practice Model Specialist)

5:30 pm - Wrap Up

Optional Catered Dinner

6:00 to 7:30 pm

Willpower: The Science of Self-Control

Christopher La Tourette La Riche, MD

Paula J. Colescott, MD, FASAM, DABAM is



boarded in internal medicine and fellowship trained in addiction medicine at the John A Burns School of Medicine / University of Hawaii. She has served as the medical director of The Salvation Army Clitheroe Center, the Associate Medical Director of Providence Breakthrough and as a staff physician at the Narcotic Drug Treatment Center.

Travis Erickson, MS, MBA is the Division



Operations Manager for the State of Alaska's Office of Children's Services, who directs the delivery of child protection services statewide. He holds a BA in Psychology, a MS in Rehabilitation Counseling and a Master of Business Administration.

Ron Green, CDCS has been the Clinical Supervisor



of the Narcotics Drug Treatment Center for the past fifteen years, and previously served as Director of Residential Services at The Salvation Army Clitheroe Center. Mr. Green is noted for his expertise in substance use disorders, and recognizing and treating the criminal personality.

Christopher La Tourette La Riche, MD is a



board-certified addiction psychiatrist and Diplomate of the American Board of Psychiatry and Neurology. He previously served as Assistant Professor at Florida International University's College of Medicine. His publications include books, chapters, and journal articles on the topics of addiction, the neurobiology of depression and child abuse. He serves on the editorial board of the Journal of Addiction Medicine and Therapies.

Peter Osterbauer, MD is a board certified



neurologist, previously serving as the Chief of Neurology and Air Force Consultant to the Surgeon General for Neurology for the Pacific Air Force Command. He was instrumental in the development of the Air Force's first traumatic brain injury center.

Evelyn Rider, MD is board certified in Pediatrics and



fellowship trained in Neonatology. She joined the Alaska Neonatology Associates group in 2006. She is an attending and leads QI projects at Providence NICU and directs the NEST Program at Alaska Regional Hospital NICU.

Sherry Young, Ph.D. CSAT is the Senior Clinical



Outreach Director for Elements Behavioral Health for the Central US. Her role as clinical educator is to provide educational learning opportunities for licensed therapists and psychologists who treat mental health and addictive disorders. Dr.

Young taught psychology and literature at the college level from 1986-1994 and directed university study programs in Rome, Italy from 1994-1997.

Anchorage Community Theater will be presenting



an artistic “interpretation of criminal thinking errors” as described in a well known children's fairy tale. The story sheds light on behaviors frequently noted in the clinical setting.

Conference Planners:

JoAnn Bartley Ph.D, Licensed Psychologist
Paula Colescott, MD, FASAM, DABAM

Presentation Highlights

The reward pathway can be therapeutically modulated with methadone, naltrexone or buprenorphine, to stabilize the opioid dependent individual.

- Paula J. Colescott, MD, FASAM, DABAM

Stress depletes willpower which diminishes one's ability to control emotion and impulsivity.

- Christopher La Tourette La Riche, MD

“Cognitive shifts occur on a daily basis. Over time, these shifts build on each other and may contribute to a solid recovery program, or to continued addiction or relapse. It is possible to consciously engineer these shifts to bolster the effectiveness of a recovery program.”

- Peter Osterbauer, MD

Some substance use mental disorders are influenced by pre-natal insults, childhood trauma and personal substance use, and abate only with extended abstinence, if at all.

- Panel Discussion

Qualifying, distorting and shifting emphasis with each telling of events are examples of tactics the addict uses to avoid change.

- Ron Green, CDCS

“Addiction and attachment have a long dance like the chicken and the egg. It is hard to determine who initiated the dance and we discover they are still dancing long after addiction has been arrested and the egg has become an omelet” - Sherry Young, PhD