

HEALING CIRCLE Every 3RD Wednesday

NEXT EVENT:

MAY 17, 3:30-5:00 PM

TRAUMA TRANSFORMED CENTER
1035 22ND AVE #14, OAKLAND, CA 94606

CONTACT: gianna.annino@ebac.org

Who is this for?

Social and racial justice warriors, educators, childcare workers, trauma responders, family partners, community healers, social workers, mental health/health workers impacted by recent political stressors

Who facilitates?

Youth and community healing teams, Trauma Transformed staff

Circle activities designed to:

- Turn (in)rage to (out)rage is medicine
- Collectively channel rage so that it is impactful to all groups
- Help sustain our own wellness and create communities that will keep us well

