

# TRAINING OPPORTUNITY

## Trauma-Informed Services for People with Developmental Disabilities: Safe and Effective

Presented by the Schreiber Center and ACBHCS

**November 30<sup>th</sup>, 2015**

**9am – 4pm**

**Registration begins at 8:30am**

### **Gail Steele Wellness Center**

409 Jackson St  
Hayward, CA 94544  
2<sup>nd</sup> Floor, Suite 200

### **About the Presenter:**

***Gabriella Grant*** is the director of the California Center of Excellence for Trauma Informed Care, overseeing the Center's research, program and professional development as well as policy analysis activities.

**Spaces are limited!  
Pre-registration is  
required!**

Please RSVP to  
[jweiner@alegriacl.org](mailto:jweiner@alegriacl.org) by  
November 25<sup>th</sup>

Note: Special accommodations available  
upon request - 2 week notice preferred

This course gives the foundations for trauma-informed service, as developed by SAMHSA, with a focus on adults with developmental disabilities. Staff will learn the six core values of a trauma-informed program and the skills that can allow adults with developmental disabilities to be able to develop skills for safety, self-regulation and self-determination. In addition, staff will learn the neuro-sequential model, as developed by Dr. Bruce Perry, in order to better interpret behavior and related needs. Staff will also assess their own self-care and be able to identify specific ways to increase self-care.

### **Training Objectives:**

1. To give staff a deeper understanding of why people with trauma behave in ways that may appear illogical or self-destructive.
2. To allow staff to address physical and emotional safety issues in a way that will engage clients.
3. To train attendees on specific practices that are trauma-informed.
4. To allow staff to care for themselves and to understand the impact of trauma on their health, world-view and job performance.

*This course meets the qualifications for 6 hours of continuing education credit for MFTs, LPCCs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 307, the California Board of Registered Nurses, BRN Provider Number 12040, and the California Foundation for Advancement of Addiction Professionals (CFAAP), Provider Number 4C-04-604-0616.*

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The Schreiber Center is a collaboration between Alameda County Behavioral Health Care Services, the Regional Center of the East Bay, and Alameda County Public Health.

