






Long Beach ACEs Profile

For Children 0-17 years old

Data from the National Survey of Children's Health 2011-2012 (www.nschdata.org)

What Matters and What Can We Do?

	Long Beach City	Los Angeles County	California
 Improve the % of kids who live in communities that feel...			
Safe:	77.4%	78.2%	81.7%
Supportive:	73.9%	75.4%	80.7%
 Improve the % of kids (6-17 yrs) who are...			
Engaged in school:	82.3%	82.5%	82.5%
Repeated a grade:	8.0%	7.8%	7.4%
 Improve the % of kids who have an adequate Medical Home:	39.7%	40.4%	44.7%
 Improve the system of care for kids with...			
Chronic conditions:	16.5%	15.5%	15.0%
Chronic mental health problems:	5.8%	5.7%	5.1%
 Cultivate positive traits - like kids who show resilience (6-17 yrs):	64.7%	64.8%	67.1%

- Measures for kids 0-17 yrs. old:**
- Community is usually/always safe.
 - Lives in a supportive neighborhood.
 - Child has a Medical Home defined as comprehensive, coordinated, family-centered care.
 - Child has a special health care need lasting 12 months or longer (shown as "chronic conditions")
 - Child has an emotional/ behavioral/ developmental problem lasting 12 months or longer (shown as "chronic mental health problems").
- Measures for kids 6-17 yrs. old:**
- Child is usually/always engaged in school,
 - Child has repeated a grade.
 - Child usually/always stays calm & in control when faced with a challenge (shown as "resilience").

Building resilience and safe, stable, nurturing relationships is key!

History is not Destiny

This involves all of us...

ACEs can have a life-long impact of chronic stress, trauma, and poor health lasting through adulthood, but...

- Fact #1:** Among children with any ACE, those who witnessed neighborhood violence were least likely to have a protective home environment, an adequate medical home, and to be engaged in school.*
- Fact #2:** School performance goes hand-in-hand with ACEs. Compared to school-aged kids with 2+ ACEs, those with no ACEs are 1.3 times more likely to be engaged in school & 3 times less likely to repeat a grade.*
- Fact #3:** Among kids with ACEs, those who do not have a family-centered medical home are 41% less likely to be engaged in school, 55% more likely to repeat a grade, and are 41% less likely to exhibit resilience.*
- Fact #4:** Kids with ACEs are more likely to have chronic health problems & to have parents with poor health. For instance, those with 2 or more ACEs are 2 times more likely to have chronic conditions, and 5 times less likely to have a mother in good health.*
- Fact #5:** Resilience can be learned and buffers the negative impacts of ACEs. Among kids with 2+ ACEs, those who show resilience are much more likely to be engaged in school & less likely to repeat a grade.*

Abbreviations: ACEs = Adverse Childhood Experiences. 2+ ACEs = 2 or more of 9 adverse child or family experience items.

* Even after adjustment for chronic conditions (when it's not the outcome), socio-economic & demographic characteristics, differences are statistically significant.

Source 1: The Child & Adolescent Health Measurement Initiative. Data Resource Center: Data Query. Accessed on Oct. 9, 2014.

Source 2: Bethell C, Newacheck PW, Hawes E, Halfon N. Population-based finding on childhood trauma and resilience. Under edit for publication.