

# Building Trauma-Informed Community Schools Focused on Systems Change Through Resident Engagement May, 2016

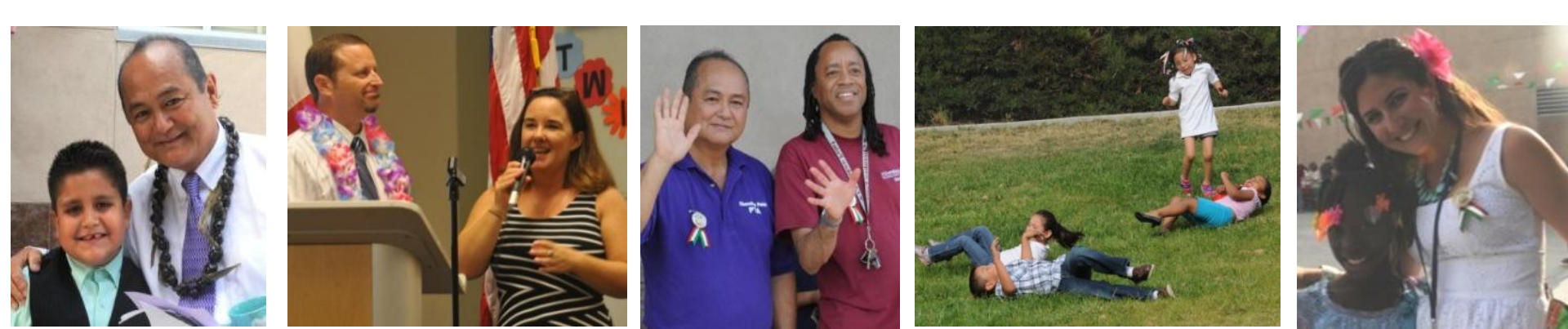




# Building Parent Leadership



**Family-Community nights over 9 months provided opportunities for relationship building as residents voiced their concerns for their community**



**Principal Godwin Higa and CPE Teachers promote a positive school climate**



**Computer/English classes**



**School Smarts Program**



**Principal's Chats address residents' needs (e.g., community safety, immigration laws)**



**CPE honored by SDUSD District for High Quality Indicator 12: Supportive and Safe Environment**



**Parent Leaders co-presenting on restorative practices with SDSU School Psychology faculty and students**



**Parent Leaders attending CA Parent Center's Parent Leadership Academy**



**Parents lead educational workshops on trauma-informed practices, self-care and resources**



**Parent Leaders continue to lead educational workshops at Cherokee Point on topics such as, trauma effects on children and families, self-care, resiliency, depression, family values, and positive discipline**

# Focus on Early Childhood Education



**SDSU students help in pre-K and kinder classes, teaching lessons promoting cooperation, empathy, emotion regulation, and self-care**



**Parent Leaders learn First 5 Pathways to Competence and Circle of Education learning readiness programs from SDSU faculty and students**

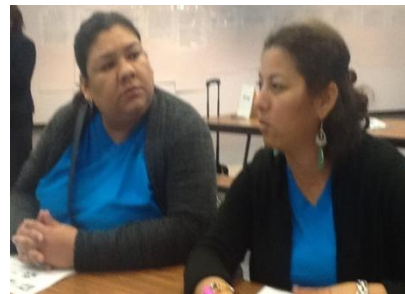
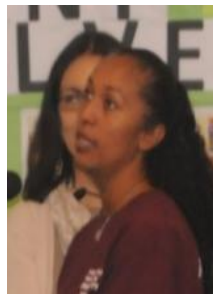


**Parent Leaders led learning readiness lessons and welcome pre-K and kinder parents to Cherokee Point**

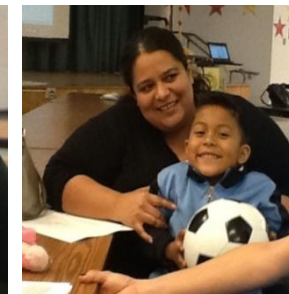
# Expanding Resident Empowerment Beyond Cherokee Point



**Parent Leaders shared their views on equitable school funding**



**Local Control and Accountability Plan (LCAP) Meeting**



**Meeting with Harvard and SDUSD Educators**



**With Councilmember Marti Emerald**



**With Cindy Marten, Superintendent, SDUSD**



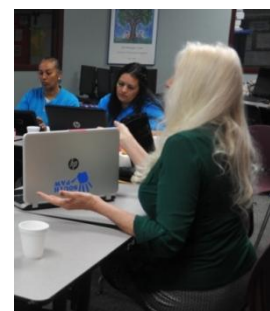
**Presenting at University of San Diego**



**With educators from Johns Hopkins University**

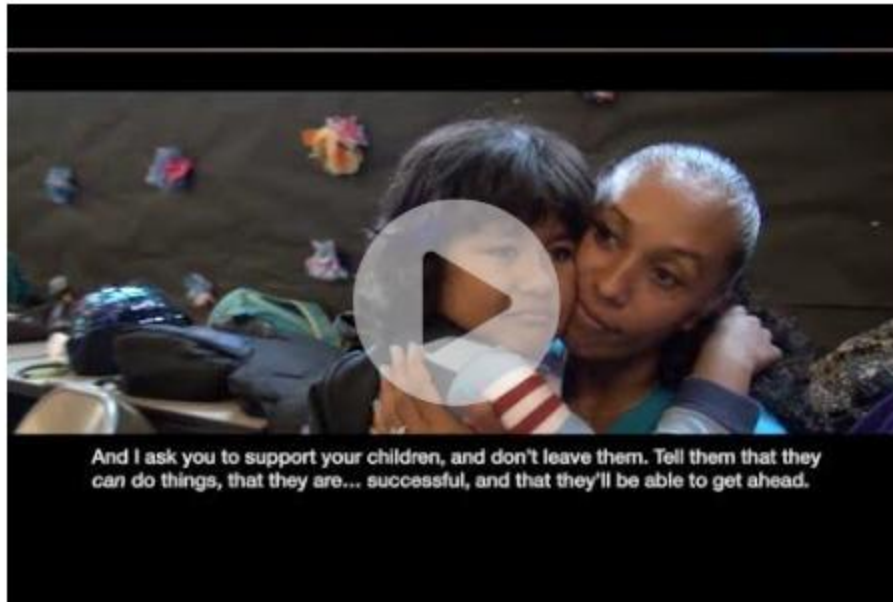


**North County Regional Education Center**



**Learning to post on ACEs Connection**

VIDEO



And I ask you to support your children, and don't leave them. Tell them that they can do things, that they are... successful, and that they'll be able to get ahead.

## Understanding Trauma Inspires Parents to Become Leaders (English) [16 min - The California Endowment]

JANE STEVENS · 5/17/16 @ 1:24 PM

<http://www.acesconnection.com/clips?fileType=VIDEO>



## Increased capacity and opportunity for youth leadership

Like the Parent Leaders, Youth Leaders have advocated for issues that are important to them.

Cherokee Point Elementary (CPE) 3<sup>rd</sup> - 5<sup>th</sup> graders, teens (e.g., Youth Voice), and university students (i.e., SDSU, Alliant University) participate in the trauma-informed leadership training.

Curriculum includes lessons on self-care (mindfulness, zumba), restorative practices, multiple intelligences, and advocacy.



## Sample Service Learning Projects (2012-2015)



- Immigration Rights
- Homelessness
- Animal Cruelty
- Bullying
- Discrimination Against Disabilities
- Gang Violence
- Child Abuse
- Domestic Violence





**The Family Violence Prevention and Response Summit, May 2014**



<http://www.acesconnection.com/g/aces-in-children-and-youth2/clip/tics-youth-leadership-interviews>

## Wilson Middle School Restorative Justice Social Leadership Club



Middle school youth leaders meet every Thursday after school.



Youth, ages 11 to 20, meet on Thursday's in the Mid-City Police Division and partner directly with the Juvenile Services Team.



Annual Mid-City Community Toy Drive



Youth Voice presenting before the City of San Diego's Youth Commission sharing **Impact on Risk and Protective Factors for Healthy Youth** on January 18, 2012

Partnering with SDSU's Child and Family Development Department:  
*These Hands Don't Hurt* Violence Awareness Fair



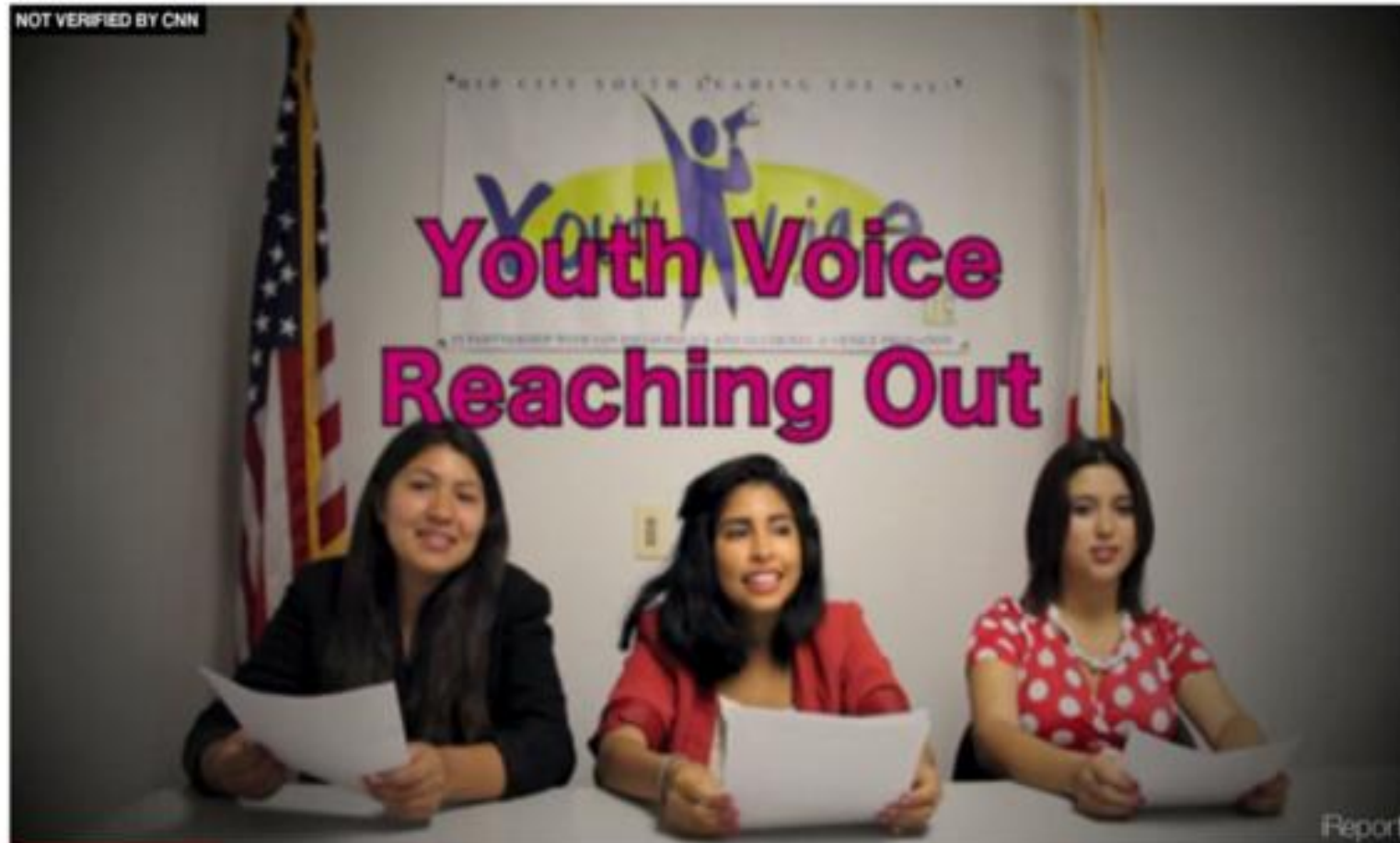
Youth Voice Underage Drinking YouTube  
Channel 10 Special Edition  
May 25, 2012

<https://www.youtube.com/watch?v=OulT-SvCcnw&feature=youtu.be>

**Underage Drinking and...**

**SUICIDE**

NOT VERIFIED BY CNN



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## Live Well San Diego- Resident Leadership Academy





Youth Voice leaders co-presenting at International Conference  
***We Can't Wait: Early Childhood Development***  
September 17, 2015



## Youth Empowerment

Meet every Sunday at Teralta Park with children, youth and families

# ACEs Connection Network

Join the movement to prevent ACEs, heal trauma, build resilience.



## san diego county aces connection

This is the online platform for our ACEs, trauma-informed, and resilience-building movement. It is a call to action – a place to work collaboratively across sectors and communities, to transform our county to one of hope, healing, and resilience for all.

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VIDEO



### Childhood Trauma: America's Hidden Health Crisis

DANA BROWN · 2/21/16 · 9:30 AM

VIDEO



### How San Diego Unified is Treating Childhood Trauma (CenterScene) 5.05 minutes