



Pacific Southwest (HHS Region 9)

MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

# Webinar Series

SCHOOL MENTAL HEALTH

FEB  
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**Creating Trauma-Informed Policies: A Forum for School and Mental Health Leaders**

MAR  
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**Mental Health Literacy and Student Learning Outcomes: An Introduction**  
*\*Mental Health & Student Learning Outcomes Series Webinar #1*

APR  
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**Trauma-Informed Suicide Prevention for Educators: Stories, Science, and Strategies**  
*\*Mental Health & Student Learning Outcomes Series Webinar #2*

MAY  
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**Working Together for Wellness: A Mindful Approach to School Site Leader and Teacher Collaboration for Whole School Wellness**  
*\*Mental Health & Student Learning Outcomes Series Webinar #3*

JUN  
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**When There is One School Counselor: Strategies to Reach All Students Nevertheless**

*\*\*Click on the webinar title to access registration. For more details and presenter biographies, click [here](#).*

## **Creating Trauma-Informed Policies: A Forum for School and Mental Health Leaders**

**Presenters: Leora Wolf-Prusan, Rachele Espiritu, and  
Kristen Harper, Director of Policy for ChildTrends**

February 26 | 3 pm PST

Want to figure out how to create and develop policies that contribute to trauma-informed school environments? Tasked with ensuring trauma-informed work is sustainable and scalable at your school, district office, agency, department, or organization? During this session, we'll explore the four choice points leaders face; tips for successful policy development and implementation; and examples of current policy at the local, district, state, and federal levels from which you can choose and use for your own work.

Click on the  
webinar title  
to access  
registration.



## **Mental Health Literacy and Student Learning Outcomes: An Introduction**

*\*Mental Health & Student Learning Outcomes Series Webinar #1*

**Presenter: Leora Wolf-Prusan**

March 21 | 3 pm PST

Are you a school instructional leader who wants to learn about school mental health, or a mental health provider who wants to learn about the contexts of schools and student learning outcomes? Often, the conversations between educators and mental health providers are siloed and separated. This webinar provides a platform to bridge the conversation so that both perspectives can learn from one another to better support the students they serve. Together we will explore common mental health issues among students and their potential effects on learning outcomes; the relationship between socio-emotional development, student learning, and academic success; an introduction to mental health in the classroom and school, including barriers to help-seeking and provision; and how to enhance our role as supportive adults for students with mental health and emotional challenges and strengths.

## **Trauma-Informed Suicide Prevention for Educators: Stories, Science, and Strategies**

*\*Mental Health & Student Learning Outcomes Series Webinar #2*

**Presenters: Leah Harris and Kelechi Ubozoh**

April 4 | 3 pm PST

Join Leah Harris and Kelechi Ubozoh in exploring what a trauma-informed suicide prevention approach for educators might look like. This webinar will begin with the perspective of a young person with lived experience of suicidal thoughts. Presenters will identify common myths and misconceptions about students and suicide and explore the vital importance of including students as partners in suicide prevention efforts. Examples of promising student-led initiatives, including peer-to-peer programs and school awareness campaigns, will be provided.

## **Working Together for Wellness: A Mindful Approach to School Site Leader and Teacher Collaboration for Whole School Wellness**

*\*Mental Health & Student Learning Outcomes Series Webinar #3*

**Presenters: Candice Valenzuela and The Teaching Well partners**

May 16 | 3 pm PST

Join The Teaching Well as we bring together diverse school site roles to share ways they have collaborated to create healthy and sustainable school climate for students, teachers and staff. Learning directly from teachers, school site personnel, and school leaders, together we'll consider the possibilities of integrating wellness into whole school staff development, leadership approaches, collaborative conversations, and support spaces for both teachers and students. Participants will hear firsthand accounts of the personal and professional benefits when school staff make wellness a central focus in their work plans, relational strategies, and overall school culture. This webinar uplifts the concept that whole school wellness is best achieved as a multi-year collaborative and iterative process between all members of a campus community.

## **When There is One School Counselor: Strategies to Reach All Students Nevertheless**

**Presenters: Susan Harootunian and Shauna Bake, Nevada Project AWARE LEA Program Managers**

June 18 | 3 pm PST

The workload for a school counselor in a traditional role can be overwhelming, and students in need of mental or emotional support may be inadvertently overlooked. This webinar describes how shifting from a traditional counseling approach to a Multi-Tiered System of Support (MTSS) benefits both students and staff members who provide mental and/or behavioral support services. Strategies discussed include using data to identify students in need of support, expanding the effectiveness of the continuum of interventions, and thinking "out of the box" to engage non-traditional MTSS team members. The Project AWARE (Advancing Wellness and Resilience Education) Coordinators from two rural school districts in northern Nevada will share how an MTSS has transformed their districts and positively impacted the lives of students.

Questions?

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