

Community Resilience Meeting
June 18, 2019
Valencia College Winter Park Campus

Agenda

1. Welcome - Rachel

2. Good News! Funding Support

- a. The Khatoon Foundation offered some funding to Valencia's Peace and Justice Institute to help support this work on ACEs by bringing on a project coordinator 10 hrs/week for 4 months. Hopefully we will secure funding to go beyond 4 months but this is where we are now. Valencia's Peace and Justice Institute's sector is Education so we will be focusing on furthering the education piece of the ACEs work.
- b. The project coordinator is Kelsey Visser and she will help with posting to ACEs Connection Central Florida (<https://www.acesconnection.com/g/aces-central-florida>) and updating the calendar. She will attend some relevant community meetings and focus on screening *Resilience* at Valencia in partnership with stakeholders at the college and the greater community. She will take notes at these strategic planning meetings and help coordinate the agenda.
- c. If you would like to get in touch with Kelsey to have her post something from your organization on the ACEs Connection CF blog or to the calendar, please email her at: kvisser@valenciacollege.edu

3. Project Lead for Education and Organization

- a. ACEs Connection Posts and Calendar
 - i. Kelsey Visser: kvisser@valenciacollege.edu
- b. Screenings of the film *Resilience*
 - i. Children's Cabinet - Ann Pimentel, Tina Morgan and Jeff Griesemer
 - ii. Peace and Justice Institute
- c. Common Read - *The Deepest Well*
 - **ACTION ITEM:** *It was suggested that we come up with a list of ACEs related workshops, trainings, or activities people are already offering so we can have a large list to share as a resource so people can easily reach out to book your*

workshop, cross train if appropriate, share material, etc.. PJI will send out a survey to gather this information prior to the next meeting.

- *Example: table top team building game for children building a brain interactive way to demonstrate stressors. 1 hour workshop on ACEs, full day workshop on toxic stress, etc.*
- *Anna Eskamani brought up that work needs to be done education wise at the legislative level: advocated for early ed reform, ACEs intervention for 0-4 year old, increase pay for providers in early education.*

4. Tracking of Events and Workshops - Jeff Griesemer and ACEs Connection

- a. Jeff is with the children's cabinet and he and his team is working on tracking and will keep us updated.
 - i. Goal to have an update on this prior to our next meeting.
 - ii. How can we integrate what Jeff is doing with the tracking offered on ACEs Connection? What will be the difference?
 - iii. ACEs Connection has a 5 point certification for an "ACEs Event"
 - iv. ACTION ITEM: Jennifer Grant
 - v. (Seminole Early Learning Coalition) will work with Kelsey Visser (first will connect with Jeff) to see how we can support getting tracking of ACEs events from April conference until next conference in 2020.
 - vi. We need clarity on the criteria for an official ACEs event so it can be seamlessly tracked.
 - vii. Polis Institute knows the top 100 communities in most need.
 - viii. With tracking we will see where the holes are so we can be sure to serve all areas in the community

5. Preliminary plan for trauma training for early childhood - Cindy Jurie

- a. In collaboration with orange county our coalition has submitted a grant proposal to do trauma training and looking to go forward to see what we can do. Early childhood teachers are on the front lines. They will know in August about the grants.
- b. Grant is in to do the circle of security work
- c. We would like to announce it on aces connection and celebrate it.
- d. If you have anything to celebrate or share from your organization, send that to Kelsey to post on ACEs connection blog: kvisser@valenciacollege.edu

6. Sector Leader Roles & Responsibilities

- a. If you are a sector leader, the following was outlined as what general expectations for sector leaders:
 - i. Encouraging responses to the survey (once it is ready in September)
 1. Participate in the pilot of the survey
 2. Then, disseminate survey to as many people as possible to your sector
 - ii. Screen resilience in your sector (in partnership with trained facilitators and mental health counselors):
 1. Valencia has copies of the film
 - a. What are the restrictions on showing the film outside of Valencia (license)?
 - b. Get clear on basic recommendations necessary to show the film (counselors in the room, room observers, etc.)
 2. Children's cabinet is also doing screenings
 - iii. Facilitate a common read of Nadine Burke Harris' book *The Deepest Well* in your sector
 - iv. Attend these strategic planning meetings and report back to your sector group
 - v. Encourage tracking of ACEs events in your sector (once we have clarity on this an a tracking system--Jeff is working on this)
 - vi. Participate in April 2020 conference and encourage registration in your sector
 - vii. Encourage participation and contributing content on ACES Connect
 - viii. Update on new sector leaders:
 1. A group member is asking Karen Willis if she wants to be sector lead coordinator.
 2. Jennifer Grant has agreed to be government sector lead
 3. Evan (last name?): Faith based lead
 4. We need a sports sector lead:
 5. Healing arts we need a sector lead:
 6. Media we need a sector lead

7. Survey update with Thomas Bryer, UCF

a. Survey Feedback:

- i. What ages do you work with question. Can we select multiple boxes?
- ii. Intro: Sentence you are invited to participate in your place of employment as well as generally. Should it be just employment? There are some personal questions about what you think of trauma so it is personal opinion AND place of employment and groups you work with so this is the thinking behind this.
- iii. Question: question 2 what are they going to do with that? Coding scheme to categorize. Should we offer 4 of 5 different options so we are not having to pull from 300 different titles? Sometimes people have 2-3 different roles so they can select multiple roles.
- iv. People like to know how long it will take to do the survey.
- v. If this is called “research” and has not gone through the IRB then this might have to change the first paragraph of the survey.
- vi. Number 11: the word understand. Use “informed” or “familiar with” or “aware of” or make it more like the other question with a scale of 1-10
- vii. Question 7: could bereavement community be listed? Kids losing parents, etc. Social service
- viii. 23: I sympathize or empathize?
- ix. Can 10, 20, 28 be put together in one question? He thinks it is a surveying technique to divide them up and have false positives. Concern that people would abandon the survey since the questions feel repetitive and a list might be more effective if in one question.
- x. Drop child care on list
- xi. List of things that could be traumatic, LGBTQ issues are not on this list
- xii. Anything in here working with formerly incarcerated reintegration
- xiii. Final draft will be developed and shared to get final feedback and then do **a sample by September the survey will be sent out.**

8. 2020 Conference Theme and Proposed Date:

- a. Wednesday April 22nd as proposed conference date
- b. Brain and trauma theme

9. Brainstorm Strategic Plan - 1 - 3 years

- a. This is a movement, not another initiative but a movement to build a resilient community.
- b. Our strategic priority for this year is to promote education about building resilience and promoting a trauma-informed community
- c. Suggestion to have name of the group be Building a Resilient Community.
 - i. This was not agreed upon and was tabled. Some feel not using ACEs in name would be a problem and would not directly connect the work we are doing to larger ACEs work and research.
- d. Every other month have a meeting moving forward
 - i. Next meeting in August
- e. Sector leaders will be moving the work forward and encouraged by sector lead coordinator (TBD if Karen Willis is willing to be this role).
 - i. ACTION ITEM: Cindy Juri will be working on this to follow up with people who signed up to be sector leaders and create an accurate list of sector leaders. She will provide this to the Sector Lead Coordinator once someone has officially stepped into this role (Karen Willis?)
 - ii. ACTION ITEM: Sector developer to get more sectors (sports, arts, media, other communities)--John volunteered for this as long as someone else was willing to work with him (Cindy Juri volunteered to help with this)
- f. Survey sent out
- g. Tracking of the work
 - i. Jeff Greismer, Jennifer Grant, Kelsey Visser
- h. Conference in april 2020
- i. Engaging politicians
- j. Community Education : ACEs 101 workshops and The Brain and Toxic Stress
- k. Decide on community resilience model based on other models that are already working around the country.

10. Next meeting Monday August 19th, 2:00 pm Valencia Winter Park campus (room TBD). This will be a face to face meeting only (no skype) to prioritize in person interaction. Doors will open at 1:30 for connection time.

- a. PJI can solicit agenda items from the group and build the agenda

- i. Agenda Items so far:
 1. Survey update
 - a. Review revised survey presented by UCF and team
 - b. Encourage pilot participation of the survey assessment
 2. Tracking update
 3. Community education update
 - a. Common reads happening?
 - b. Tracking of ACEs events and workshops
 - c. Tracking of what people have to offer already in terms of workshops, trainings, activities, etc.
 4. Sector leads
 - a. Update from Cindy Juri about sector leader list
 - b. Sector Coordinator: to bring the leads together and provide further support and coordination of efforts. Karen Willis?
 - c. Sector developer person to get more sectors (sports, arts, media, other communities)--John volunteered for this as long as someone else was willing to work with him (Cindy Juri volunteered to help with this)
 - d.
 5. Planning for conference
 - a. financial giving/sponsorship
 - b. Conference committee
 6. Diversity of this group, bringing in families
 7. Discuss the thought of having other open meetings to build interest, support and collaboration outside of the professional community. The open meeting concept to build community outside of the professional community
 8. Decide on group name

Attendance:

1. Steve Adams <https://sustain.org/staff/steve-adams/>
2. Jenifer Rupert ECFR2C

3. Zackary Gibson: Chief Child Advocate and Director Office of Adoption and Child Protection Office of Governor Ron DeSantis
4. Tolulope Adebamjo
5. Randy Olson, Guardian
6. Lisa Spector
7. Sadi Vidal
8. Zach Gibson
9. Sandria Foster, UHC
10. Jennifer Foster
11. Manova Narcisse
12. Lindsey Phillips
13. Patti Ambinder
14. Jennifer Rupert
15. Dawn Hanes
16. Angela Davies
17. Ann Soule
18. Jennifer Grant
19. John Hersh
20. Jane Hersh
21. Sue Foreman
22. Kimberly Renk, UCF
23. Celine Kavaleck, PJI
24. Anna Eskamani, Government
25. Donna White
26. Will Jefferson, PJI
27. Maria Long, Consultant
28. Lourdes Muniz
29. Rachel Allen, PJI
30. Kelsey Visser, PJI