





## The Resiliency Project, back-boned by Centerstone, is growing!

Our mission, in response to the latest brain science on Adverse Childhood Experiences (ACES), is to grow upstream wellness by cultivating Healthy Outcomes from Positive Experiences (H.O.P.E.) for Tennesseans through collective impact and community engagement.

The Resiliency Project has 3 goals in mind to help achieve this:

- Community Education
- Equitable promotion of protective factors to increase positive childhood experiences using a family centered approach
- Increase equitable access to services that promote Positive Childhood Experiences

## For more information contact co-chairs:

April Scott, M.A., Ed.S., IMH-E®, Centerstone

Email: april.scott@centerstone.org

Phone: (931) 797-5425

Kimberly Ladd, Prevention Specialist and Consultant, Aligned HOPE

Email: alignedhope@gmail.com

Phone: (931) 981-4289



Linkenbach, 2015



Centerstone is a nonprofit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.