



Positive Childhood Experiences (PCEs), Adversity & Racial Identity Virtual Series

1:00 - 2:30 p.m., CST

June 3rd

Historical Trauma and Institutional Racism

June 10th

PCE's, Adversity & Racial Identity

June 17th

Intergenerational Survivance

July 1st

Fostering Hope and Positivity in Families of Color

For those interested in attending and to register
please email: rachel.hanson@centerstone.org

Speaker: Ingrid Cockhren, M.Ed. Epigenetics

Mrs. Cockhren has dedicated her professional life to investigating and educating the public about the link between early trauma, early adversity, Adverse Childhood experiences (ACEs) and possible negative outcomes across the lifespan.

Mrs. Cockhren graduated from Tennessee State University with a B.S. in Psychology and Vanderbilt University's Peabody College with a M.Ed. in Child Studies specializing in minority and impoverished children. Her research areas are African American parenting styles, Adverse Childhood Experiences, historical trauma/intergenerational transmission, brain development, developmental psychology and epigenetics.

She is currently an adjunct professor specializing in developmental psychology, abnormal psychology & personality theory at Tennessee State University and the CEO for PACEs Connection, a social network dedicated to rising awareness of adverse childhood experiences.

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About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

