



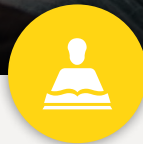
# Get help *to overcome* substance use disorder.

StartYourRecovery.org is a single source of relatable, reliable information for people who are dealing with substance misuse — and their family members, friends, and co-workers, too.

We work with leading experts to provide reputable information about conditions, treatment options, and resources for any stage of your recovery journey.



Hear stories that you can relate to.



Learn about alcohol and drug use disorders.



Find treatment, counseling, and support near you.



Visit [StartYourRecovery.org](https://www.startyourrecovery.org) to find information and support *that fits your needs.*

## Get Help Now

**911**

For emergencies, including suspected overdose.

**988**

(National Suicide Prevention Lifeline)

For those experiencing a mental health or emotional crisis.

**1-800-662-4357**

(SAMHSA Helpline)

For free, confidential substance use treatment information and referrals.