## BELLS OF BELONGING

One of the best practices that has been adopted by Kato Towns is the Bells of Belonging. Listen to the sound of a
 compassionate community:

## FIRST MONDAY OF EVERY MONTH FOR ONE MINUTE AT NOON

Spread the word! Put a reminder bell on your phone, find a bell to ring out from your front porch or in the office, and let the school bells ring!

The bells remind us that while we all have losses, we also all have each other.
"The acts of compassion the Church can participate in is written in the fabric of who we are and how we are taught to care for one another. This small act (bell ringing) is just another way we can reach out to remind our community that we are here and listening and loving through whatever they are going through."
--Pastor Lindsay Jacaruso, First Presbyterian Church
"The sound of the bells breaks into our days and reminds us of another reality-a connection to a power beyond us and within us. The connection we all know is strengthened in community. As we hear the bells may their sound urge us to find compassion within ourselves, in our relationships, and within the larger community of Mankato/North Mankato."

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We are ringing together to appreciate our shared humanity, to remind us that we are not alone. In this monthly minute of community solidarity, pause to consider how you might reach out with a kind word, a listening heart, or a helping hand to someone who is having a difficult time.

## We belong. We take care of each other.




[^0]:    --Father John Kunz, St. John the Baptist Catholic Church

