



Waves of Change, Oceans of Possibilities

2021 Southern Region Student Wellness Conference

Wednesday | July 14

Wednesday	AM Session	Location	Presentation/Activity
9:00 - 10:00 a.m.	Morning Keynote	Keynote Cove	Relentless Hamish Brewer
10:00 - 10:30 a.m.	Break		Learning Lounge Family Room Discussion Deck Waves of Wellness
10:30 - 11:30 a.m.	Breakout Sessions		
		Breakout Bay	RISE UP: Resilience in School Environments Understanding and Practice Staci Boretzky, Shanna Beauchamp, Jose Chavarry Community Health, Kaiser Permanente
		Breakout Bay	LeaderSHIFT: A Great Leader L.E.A.D.S. with Courage, Connection, and Compassion Dr. Joelle Hood Thriving YOUiversity
		Breakout Bay	Practical Tools for Encouraging Self-Reflection and Mental Health Empowerment in Students Dr. Haley Watson Open Parachute
		Breakout Bay	Today's Foster Youth: How to Create a Comprehensive Foster Youth Support Program on Your Campus Jenna Mendez, Anita Shirley Corona-Norco Unified School District
11:30 a.m. - 1:00 p.m.	Lunch On Your Own		
Wednesday	PM Session		Presentation/Activity
1:00 - 2:00 p.m.	Afternoon Keynote	Keynote Cove	We Will Heal Tovi Scruggs-Hussein Tici'ess
2:00 - 2:30 p.m.	Break		Learning Lounge Family Room Discussion Deck Waves of Wellness
2:30 - 3:30 p.m.	Breakout Sessions		
		Breakout Bay	Psychological Safety and Learning at All Levels David Culberhouse San Bernardino County Superintendent of Schools
		Breakout Bay	School-Based Health Centers 101: Launching and Sustaining Amy Ranger, Elizabeth Pena California School-Based Health Alliance
		Breakout Bay	Helping our Students by Helping our Teachers: The Journey Towards Supporting Employee Well-Being in Schools Jorge Mora, Heather Cruz Chula Vista Elementary School District
		Breakout Bay	TUPE Peer Education: Nuts & Bolts for Adult Allies Emily Justice, Derrick Kirk Contra Costa County Office of Education



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2021 Southern Region Student Wellness Conference

Thursday | July 15

Thursday	AM Session	Location	Presentation/Activity
9:00 - 10:00 a.m.	Morning Keynote	Keynote Cove	The Power of Showing Up: How Teacher and Parental Presence Shape Who Our Children Become and How Their Brains Get Wired Dr. Dan Siegel MindSight Institute
10:00 - 10:30 a.m.	Break		Learning Lounge Family Room Discussion Deck Waves of Wellness
10:30 - 11:30 a.m.	Breakout Sessions		
		Breakout Bay	Teaching SEL Strategies for Digital Life Sue Thotz Common Sense Education
		Breakout Bay	Are the Kids Alright? Listening to Learn Through a Pandemic Jimmy Simpson YouthTruth
		Breakout Bay	How to Support Students with Autism Through a World of Continuous Change Jennifer Rountree San Bernardino County Superintendent of Schools
		Breakout Bay	Messaging Matters: Effective Communication for Suicide Prevention Stan Collins Directing Change
11:30 a.m. - 1:00 p.m.	Lunch On Your Own		Learning Lounge Family Room Discussion Deck Waves of Wellness
Thursday	PM Session		Presentation/Activity
1:00 - 2:00 p.m.	Afternoon Keynote	Keynote Cove	What Do You Do With a Problem? Cali Binks Yucaipa-Calimesa Joint Unified School District
2:00 - 2:30 p.m.	Break		Learning Lounge Family Room Discussion Deck Waves of Wellness
2:30 - 3:30 p.m.	Breakout Sessions		
		Breakout Bay	Collective Healing: Compassion Fatigue and Burnout Elvira Vargas South Coast Community Services
		Breakout Bay	Father Engagement: The Why, the How, & for Whom Juan Solis, Jorge Escalante Children's Network/Inland Empire Father Involvement Coalition
		Breakout Bay	Creating Educational Justice Circles: Dispelling GenZ Myths Julia Johnson Azusa Pacific University
		Breakout Bay	Honoring Student Identity in Health Class: Health Education and Diversity, Equity, and Inclusion Dareen Khatib, Janis Price, Nadia Moya Orange County Department of Education
3:30 - 4:00 p.m.	Closing Presentation		Stephanie Houston, Ed.D., Assistant Superintendent Innovation and Engagement, San Bernardino County Superintendent of Schools Sonia Rubio, Program Manager I Office of Program and Planning San Bernardino County Department of Behavioral Health