

Sexual Health Resources for Supportive Adults  
From the Adolescent Health Program

**Adolescent Health Program- Div. of Public Health**

- Website: <http://dhss.alaska.gov/dph/wcfh/Pages/adolescent/default.aspx>
- Join our listserv: <http://list.state.ak.us/soalists/AKAdolescentHealth/jl.htm>
- Get youth feedback: Youth Alliance for a Healthier Alaska <http://dhss.alaska.gov/dph/wcfh/Pages/adolescent/yaha.aspx>

**Sexual & Reproductive Health**

- Fourth R- Healthy Relationships, Traditional Schools: [Katie.reilly@alaska.gov](mailto:Katie.reilly@alaska.gov); 907-269-4921
- Alaska Promoting Health Among Teens (AKPHAT)- Comprehensive Abstinence and Safer Sex Intervention- Alternative and after school. Teen and Unintended Pregnancy Prevention Program [jennifer.baker@alaska.gov](mailto:jennifer.baker@alaska.gov); 907-269-4517
- Alaska Native Tribal Health Consortium, Community Health Services, [HIV/STD Program](#) and [Epi Center](#)
  - IKnowMine.org – Where youth can get answers, Order Free and Confidential STI Tests and Free condoms: <http://www.iknowmine.org>;
  - Native It's Your Game: <http://www.iknowmine.org/for-youth/iyg#sthash.znndMJCe.dpbs>
- Alaska Youth Advocates, Teen Center/Clinic: <http://www.akyouthadvocates.org/youth/teen-center-clinic/>
- Rights, Respect & Responsibility- k-12 Comprehensive Sexual Health Education Curriculum: <http://www.advocatesforyouth.org/3rs-curriculum> (click on "LESSON PLANS," click on "Download Lesson Plans," Enter your required information and then all lessons download for FREE)
- All Alaska School Boards- HB156 FAQ: <http://aasb.org/hb156-information-and-answers-for-school-boards-and-staff/>
- Planned Parenthood of the Northwest and Hawaii: <https://www.plannedparenthood.org/health-center/AK>

**Healthy Relationships & Violence Prevention**

- Alaska Network on Domestic Violence and Sexual Assault <http://www.andvsa.org/>
  - Stand Up Speak Up: <http://www.standupspeakupalaska.org/>
  - Talk Now, Talk Often parent conversation starter cards: [www.tntoak.org](http://www.tntoak.org)
- Family Violence Prevention Project- Helping raise awareness about intimate partner violence as a public health issue
  - <http://dhss.alaska.gov/dph/Chronic/Pages/InjuryPrevention/akfvpp/default.aspx>
  - The Amazing Brain Resources- Healing From Trauma and Child and Adolescent Brain Development Resources <http://dhss.alaska.gov/dph/Chronic/Pages/InjuryPrevention/akfvpp/clearinghouse.aspx>
- UAA Center for Human Development: Friendships and Dating Program: <https://www.uaa.alaska.edu/academics/college-of-health/departments/center-for-human-development/>

**Mental & Behavioral Health**

- Careline Crisis Intervention <http://www.carelinealaska.com/> Contact 24/7 at 1-877-266-4357 or Text '4help' to 839863
  - Text line available Tues-Sat, from 3PM -11PM
- Alaska Behavioral Health Resource Guide: <http://dhss.alaska.gov/abada/Documents/pdf/200804resourceguide.pdf>

**National Resources**

- National Network of State Adolescent Health Coordinators – delegates are responsible for researching and coordinating effective programs and policies in adolescent health; Mollie and Jenny are Alaska's members. <http://nnsahc.org/>
- Advocates for Youth- Best Practices for Youth Friendly Sexual and Reproductive Health Services in Schools
  - <http://www.advocatesforyouth.org/bp-youthfriendly>
- National Sexual Health Education Standards: <http://www.futureofsexed.org/fosestandards.html>
  - Includes curricula mapping tools to assess if modules are up to the current standards
- Search Institute-40 Developmental Assets: <http://www.search-institute.org/research/developmental-assets>