

## MIND INSTITUTE

## Why healthy humans need belonging

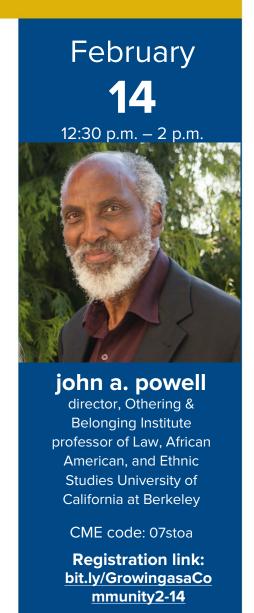
## A Part of the Growing as a Community Series

After this session, participants will be able to:

- Demonstrate a comprehensive understanding of the core concepts of bridging and belonging and their counterparts of bonding and breaking/othering.
- Apply concepts of bridging and belonging to cases and exercises, and intentionally draw from experience to ensure vibrant, diverse discussion.
- Develop a nuanced understanding of how historical perspectives shape the current landscape of research and academia.

## About the speaker

john a. powell is director of the Othering & Belonging Institute, professor of Law, African American, & Ethnic Studies at the University of California, Berkeley. He co-founded the Poverty & Race Research Action Council and developed an "opportunity-based" model connecting affordable housing to education, health, health care, and employment. He is well known for his development of the frameworks "targeted universalism" and "othering and belonging" to effect equity-based interventions. He was executive director of the Kirwan Institute for the Study of Race and Ethnicity at Ohio State University, founder and director of the Institute for Race and Poverty at the University of Minnesota, and national legal director of the American Civil Liberties Union.





Office for Health Equity,

**UCDAVIS**