

# 2024 ONLINE MONTANA WINTER INSTITUTE

**FEBRUARY 5-9, 2024**

10 a.m. to 11 a.m. PST | 11 a.m. to Noon MST  
Noon to 1 p.m. CST | 1 p.m. to 2 p.m. EST

**One Hour: Monday-Friday**

## The Power of Positive Experiences to Improve Public Health



**FEB  
5**

### **Carla Ritz**

Managing Director, The Montana Institute

**“The Science of the Positive and  
How Positive Experiences Increase Health”**

### **Ali Crandall, PhD, MPH**

Associate Professor of Public Health, Brigham Young University

**“The Latest Research on Positive Adult Experiences and Mental Health”**

**FEB  
6**



### **Sara Thompson**

Director of Training and Communications, The Montana Institute

### **Jeff Linkenbach EdD**

Founding Director, The Montana Institute

**“How Positive Community Norms Can Increase  
Positive Experiences...and Why It Matters”**

**FEB  
7**



### **Yvonne Jackson, MBA**

CEO of SocialEDG

**“Positive Experiences and Equity: How DEI and Joy Must Coexist”**

**FEB  
8**



### **Christina Bethell, PhD, MPH, MBA**

Director, Child and Adolescent Health Measurement Initiative  
and Professor at Johns Hopkins Bloomberg School of Public Health

**“We Are the Medicine: Building Relational Systems of Care to  
Promote Early and Lifelong Flourishing of Children and Families”**

**FEB  
9**



the  
**MONTANA  
INSTITUTE**

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science:positive™