

# Resilience

*Solving Poverty. Healing Trauma.*  
Schools. Families. Communities.



**Ginger Lewman**  
**Carmen Zeisler**  
**Katie Perez**  
**Rebecca Lewis-Pankratz**

The Essdack Resilience Team is based in Hutchinson Kansas, USA and work both nationally and internationally.

I hear you.  
I see you.  
I'm with  
you.

# Resilience



# 8 ACEs

LONGIN WOLF AP SHEET

# My Resilience



# The Pileup



ALL BEHAVIOR IS A  
FORM OF  
COMMUNICATION



A close-up portrait of a young boy dressed in military-style camouflage. He wears a green and yellow patterned cap with a chin strap and has green and brown camouflage paint applied to his face. He has a serious expression and is looking directly at the camera. The background is a blurred natural setting with green foliage and brown branches.

SURVIVAL MODE









AFTER A  
DECADE



# Rebecca Lewis-Pankratz

Director of ESSDACK Learning Centers

“For communities to solve some of the toughest issues, we must create space at the table for people who are experiencing those issues.”

Rebecca wants to empower educators to understand that parents in poverty aren't anti-education they are just pro-survival. She wants to help solve poverty by engaging educators, community members, and families into deeper conversations that result in truly lifting students out of poverty. Rebecca understands the needs of our poorest kids and parents after transitioning from the culture of trailer parks herself only a few years ago. She is engaging directly with school districts to assist in finding resolutions to student poverty.

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# Current Data: 2015 - May 2021

Location	Graduates	Children	Monthly Income Increase (as Group)	Debt Reduction as Group	Out of Poverty
Anthony	17	22	\$7,738.40	N/A	N/A
Augusta	22	30	\$16,939.64	\$103,349.00	5
Barton Co.	74	66	\$27,981.00	\$139,725.00	16
Bond Co., IL	12	13	\$9,109.60	\$21,717.00	N/A
Kingman Co.	20	35	\$9,687.00	\$22,447.00	4
Kiowa Co.	53	39	\$27,207.00	\$142,975.00	21
Herington	17	26	\$13,180.48	\$45,199.00	6
Meade Co.	9	3	\$1,046.00	\$11,408.00	N/A
Pawnee Co.	23	19	\$5,926.00	N/A	3
Rawlins Co.	12	17	\$7,836.78	\$30,000.00	N/A
Stafford	30	45	\$6,862.78	\$4,643.00	N/A
St. John	37	21	\$13,943.49	\$75,054.08	4
<b>TOTALS</b>	<b>326</b>	<b>336</b>	<b>\$147,458.17</b>	<b>\$596,517.08</b>	<b>59</b>

**TOTAL ANNUAL INCOME INCREASE: \$1,769,498.04**

Updated 5.25.21

The Core Community Process

# AT A GLANCE

Breaking the cycle of generational poverty through healing and empowerment by building community relationships.



## ENGAGING

Phase 1 is a 20 week class called "Getting Ahead in a Just Getting by World."



## CONNECTING

Phase 2 is connecting families with middle class community members.



## RELATIONAL

Families are with us 2 to 5 years. We're solving poverty through loving relationships.

2021	FEDERAL POVERTY LEVELS					2021
	Size of Household	138%	150%	200%	250%	
1	\$17,609	\$19,140	\$25,520	\$31,900	\$38,280	\$51,040
2	\$23,791	\$25,860	\$34,480	\$43,100	\$51,720	\$68,960
3	\$29,974	\$32,580	\$43,440	\$54,300	\$65,160	\$86,880
4	\$36,156	\$39,300	\$52,400	\$65,500	\$78,600	\$104,800
5	\$42,338	\$46,020	\$61,360	\$76,700	\$92,040	\$122,720
6	\$48,521	\$52,740	\$70,320	\$87,900	\$105,480	\$140,640
7	\$54,703	\$59,460	\$79,280	\$99,100	\$118,920	\$158,560
8	\$60,886	\$66,180	\$88,240	\$110,300	\$132,360	\$176,480
Each Additional Person		add \$4,420 each			add \$5,600 each	

It takes 2 to 5 years on average for an individual or family to walk out of poverty in a project like this. We define leaving poverty as 200% above the federal poverty guideline.

### Core Community Site

Kiowa County

Barton County

Stafford County:

Stafford

St. John

Augusta

Pawnee County

Kingman County

Herington

Rawlins County

Bond County

Harper County:

Anthony

Harper

Meade

Emporia

Marion County

### Start Date

April 2015

September 2017

September 2017

October 2017

November 2017

November 2018

April 2019

October 2019

November 2019

April 2020

June 2020

March 2021

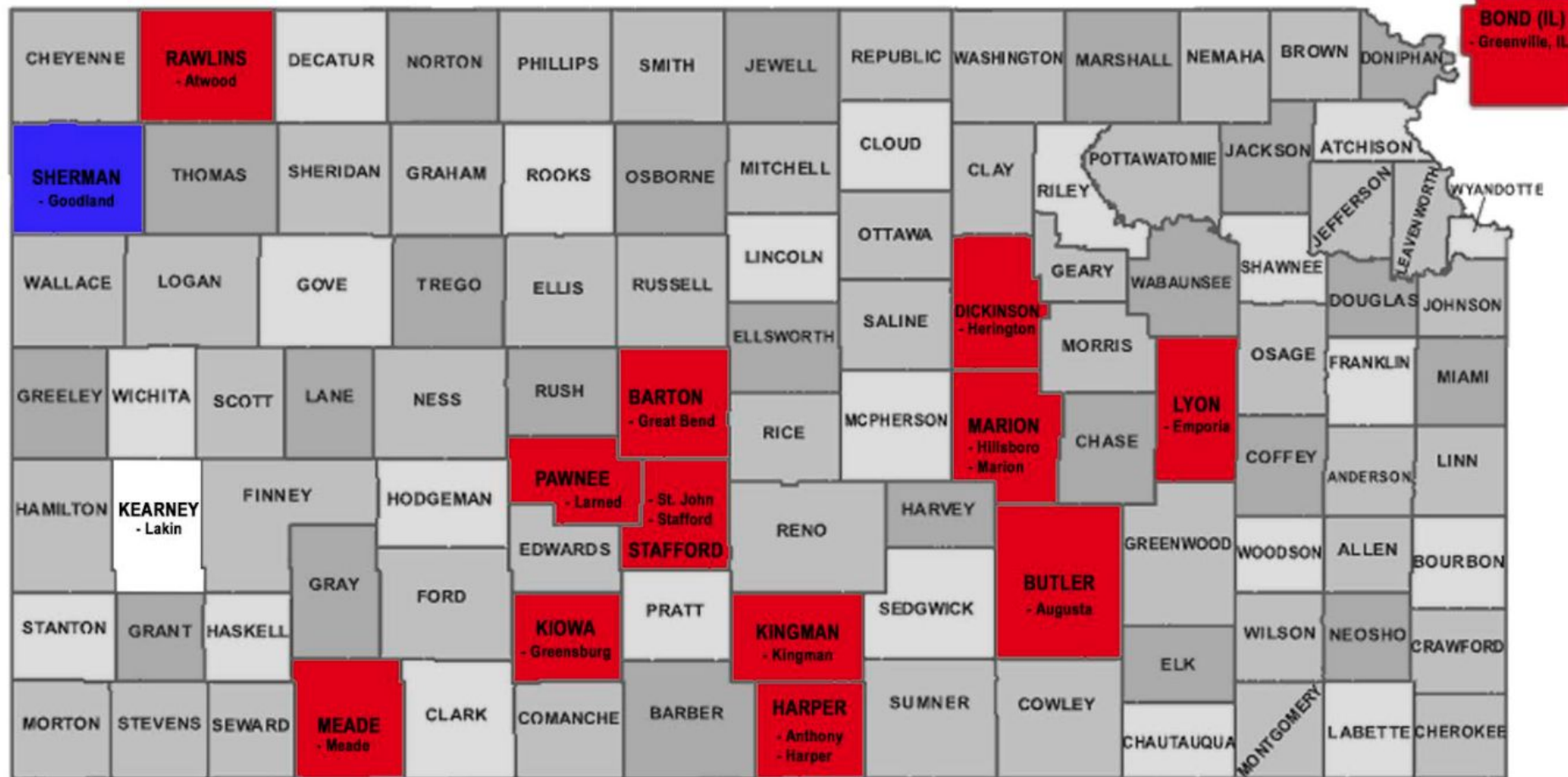
November 2020

April 2021

May 2021

**326** have graduated. We have solid data on 248 total participants.  
**156** increased income, 30 decreased income, and 62 had no change.  
 We estimate **70%** have stabilized their lives.





**BOND (IL)**  
- Greenville, IL

**BLUE** = Raising Funds | **RED** = Active Program

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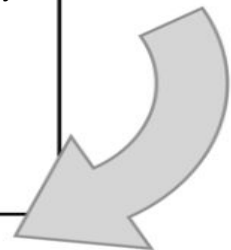
As of 5/25/2021

The River of Cruelty activity is used with permission from the Family Peace Initiative, Topeka, Kansas

<i>Cruelty</i>	<i>Adverse Feelings</i>	<i>Defense Systems</i>	<i>Consequences</i>	<i>Beliefs Attitudes</i>
Neglect Physical Sexual abuse bullying	Shame Sadness Anger Rage Isolation loneliness	Flip a desk Dissociate Mediate Get drunk Riots Put on a facade Politics	Alcoholism Bankruptcy Incarceration Drop out	Families in poverty are lazy Women are too emotional Kids these days are lazy Hopeless situation Victim mentality Abuse inevitable  Im stupid White are superior I deserve it  I have to teach my boys to be tough



*Painful Shift*



**Thanks for Hanging Out With Us!  
We would love to keep in touch!**

**[essdk.me/YouAreFamily](https://essdk.me/YouAreFamily)**



**[resilienceteam@essdack.org](mailto:resilienceteam@essdack.org)**

**If you would like  
more information  
please reach out to  
the Essdack  
Resilience Team**





A close-up photograph of a hand holding a glowing, golden orb. The hand is positioned in the lower half of the frame, with fingers slightly curled around the orb. The background is dark and out of focus, with a soft, golden glow emanating from the orb, creating a sense of warmth and hope. The overall composition is centered and balanced.

November 10-12, 2021

# Bridging to Resilience

*It's Coming Together*



[resilience.essdack.org](https://resilience.essdack.org)



**@PovertyEdge**