
"I attended Andrea's Trauma-Informed Care training seminar and was so impressed by her that I returned to my agency and insisted that we hire her as a consultant to help us become a trauma-informed agency. Not only is Andrea highly energetic, knowledgeable, and skillful in all facets of Trauma-Informed Care, she is also a master change agent. Our patients and staff benefited greatly from all of the trauma-informed practices we implemented as a result of Andrea's year-and-a-half with us."

-Jeff Thomas, PhD,
Director of Behavioral Health Services,
ECU Adult Specialty Care

GET IN TOUCH

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TRAUMA INFORMED CARE

Training and Consultation Services



TRAUMA INFORMED CARE

Trauma has become a popular topic in national discussions of healthcare, education, public health and other areas of human services. This focus is due to growing awareness of the potential for traumatic exposure to acutely or chronically impact the bio-psycho-social functioning of individuals. Impacts of trauma often contribute to a sequelae of symptoms that limit individuals' abilities to fully engage in, or benefit from, services that are designed to help them. Trauma informed care is an approach to human services that incorporates an understanding of these impacts into program design and delivery.

Improving outcomes
with integration of
trauma informed
approaches to
human services

ABOUT US

Staff

Andrea is a practice-based consultant, with over ten years of experience providing training and technical assistance to clinicians and organizations that wish to enhance their integration of trauma informed care.

Services

Consultation and training packages can be designed to meet the needs and budget of your agency, and may include:

- *organizational assessment
- *training sessions
- *case consultation
- *secondary trauma prevention
- *problem solving sessions
- *evidence-based treatment integration
- *evaluation of change impact

Evaluation

All services include electronic efforts to track impacts of change processes, dependent upon the package designed.

**Engaged support for
changing practices,
policies, and culture.**