

Family Strengthening Certificate Overview

Strategies 2.0's Family Strengthening Certificate is based upon the research-based, cost-effective Strengthening Families™ Protective Factors Framework. The certificate program utilizes e-learning and in-person trainings to promote self-reflection and acquisition of knowledge and skills.

START

Introduction To Protective Factors

In this training, participants will be introduced to the research-informed Strengthening Families approach and Five Protective Factors framework and how they strengthen families and reduce the risk of child abuse and neglect.

Social Connections

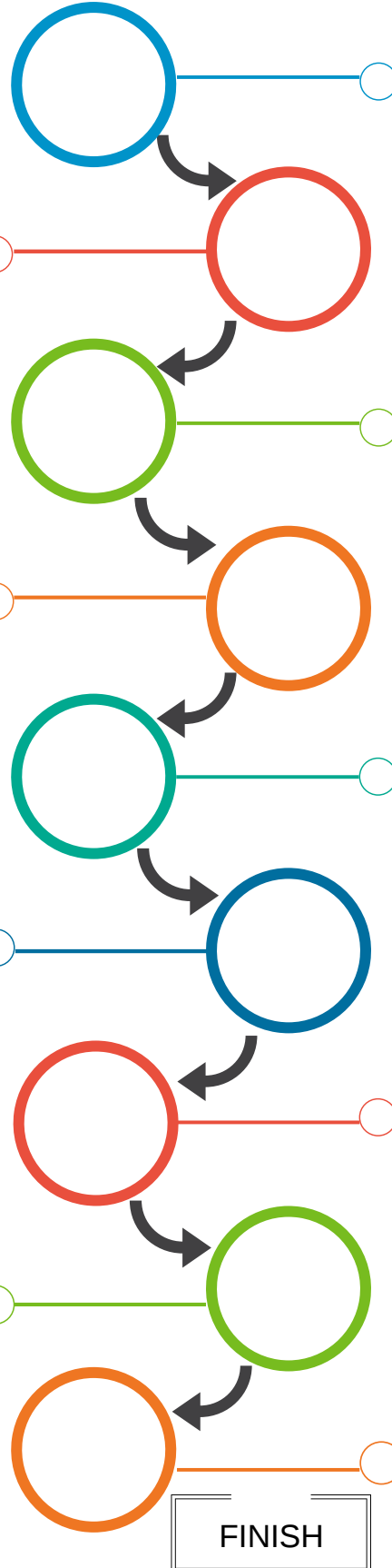
The purpose of this half-day training is to build on learning from the Protective Factors Introductory training and explore more deeply the Protective Factor of Social Connections. Participants will discuss the impact of positive social connections and cultural factors that influence social connections.

Social-Emotional Competence of Children

The purpose of this half-day training is to build on learning from the Protective Factors Introductory training and explore more deeply the Protective Factor of Social Emotional Competence of Children.

Facilitating Change Talk

This goal of this training is to introduce the Stages of Change and teach participants to effectively identify, elicit, and facilitate change talk through collaboration, acceptance, autonomy, and OARS.



Foundations For Practice

In this 1.5 hour eLearning course, participants will be introduced to basic concepts that support their work with individuals, families and communities. Participants will learn the definition of the Strengthening Families™ approach and will explore strategies for establishing relationships with families, organizations and communities

Concrete Supports In Times Of Need

This half-day training will begin with a knowledge refresher from the Introduction to the Protective Factors. Participants will then explore the definition of Concrete Supports, Maslow's Hierarchy of Needs, and cultural factors that influence access to concrete supports.

Knowledge Of Parenting and Child Development

This half-day training will begin by defining Knowledge of Parenting and Child Development and will then cover the challenges related to the protective factor including developmental delays, specialized needs, a parents own experiences being parented.

Parental Resilience

The purpose of this half-day training is to build on learning from the Protective Factors Introductory training and explore more deeply the Protective Factor of Parental Resilience.

Final Reflection

Participants take on the role of a Family Strengthening worker and make choices as they conduct a virtual dialog with a parent, focusing on using Change Talk strategies and building protective factors

FINISH