

Phases to Achieve Authorization

Purpose: The purpose of the Training of Trainer (ToT) Apprentice program is to help individuals develop a deeper knowledge related to trauma informed practices and to be ready train providers in the future once they are authorized in **Module 100**. This intensive two-phase apprenticeship program is to support an apprentice to become authorized and to be able to support other providers in learning the foundations and strategies of trauma informed practices (TIP).

Overall Activities: Apprentices will participate in a series of trainings, Training of Trainer (ToT) and Community of Practice (CoP) meetings designed to teach the content of module 100 and deepen their understanding and ability to train to the key TIP concepts. Their Center for Optimal Brain Integration mentor will lead the apprentice through a process that includes instruction, education/teaching, mentoring and guided participation. There will be support for deeper reflection, feedback and discussion that ends in Phase 2 with an independent training for the apprentice to train independently on the TIP concepts learned. There will be ToT meeting to review and practice content of Trauma Training Module 100 and a CoP to read an assigned book and reflect on chapter content with the intention of deepening knowledge about trauma and key strategies. The time can be anywhere from 1-2 years depending on the organization and the bandwidth of the individuals in the cohort.

Authorization is NOT guaranteed

This apprenticeship includes heavy content that may be triggering emotional for some.

Phase 1 ~ Learning Phase

Apprentice Trainer in Phase 1 will:

- Attend four 3-hour Training of Trainer (ToT) meetings
- Attend and observe the full day (8-hour) Module 100
- Attend four 2-hour Community of Practice (CoP) meetings
- Read Chapters 1-4 from assigned book reading
- Complete 4 reading reflection forms for Chapters 1-4 (one per chapter) for portfolio

Phase 2 ~ Practical Application Phase

Apprentice Trainer in Phase 2 will:

- Attend four 3-hour Training of Trainer (ToT) meetings
- Attend and train on the full day (8-hour) Module 100
- Attend four 2-hour Community of Practice (CoP) meetings
- Read Chapters 5-8 from assigned book reading
- Complete 4 reading reflection forms for chapters 5-8 (one per chapter) for portfolio
- Apprentice Trainer Self-Reflection Form on Module 100 (completed after apprentice presents Module 100 independently)

Apprentice Trauma Trainer Final Portfolio Due at End of Phase 1 and 2

Having met the Learning and Practicing Stage Components, an apprentice will submit to the mentor trainer their **FINAL PORTFOLIO** requesting authorization. No fee is required for this portfolio application.

- Δ 8 Reading Reflection Forms
- Δ Attendance 8 CoP and 8 ToT meetings (includes both Phase 1 and 2)
- Δ Attendance at 2 all day Trauma 100 Training modules (Phase 1 and 2)
- Δ Apprentice Trainer Reflection Form on Module 100 (completed by the apprentice on their live presentation of Module 100)

