

Lunch & Learn, March 13th

HISTORY & HOPE: Adverse Childhood Experiences (ACEs), Resilience, and Trauma-Informed Policy-Making



This Lunch and Learn will be presented by Laura Norton-Cruz, LMSW, Director of the Alaska Resilience Initiative, a program of the Alaska Children's Trust. It will introduce the audience to the adverse childhood experiences (ACEs) study and Alaska-specific data on ACEs, and share data showing the effects of ACEs and other forms of childhood trauma on the most urgent issues facing policymakers. From educational outcomes to job productivity and employment, from chronic diseases and addictions to public safety, ACEs are a significant contributor to all the issues we struggle with, and cost Alaska an estimated \$866 million per year. The presentation discusses Alaska's statute on ACEs awareness and trauma-informed government (47.05.060, from SB105 passed in the 2018 legislative session), and offers national and Alaskan examples of trauma-informed approaches to business and policy-making. Counties, states, businesses, and others who have used ACE data and trauma-informed approaches have seen significant improvements in outcomes such as teen pregnancy, suicide, high school graduation, crime, workplace safety, and job productivity. View a History & Hope preview here: <https://youtu.be/eoiWt13kxsA>

Training Date: Wed., March 13th

Time: 12:00 - 12:45 pm

Location: Butrovich Rm. 205

Trainer(s): Laura Norton-Cruz, LMSW

Leg. Sponsor: Senator Mia Costello (Questions? Contact Joe Plesha: 465-6446)