

You're invited to

AACTT
Adults Addressing Childhood Trauma Together

A Peer Support Group
for
Adult Identifying Wimmin

"We need to support self-healing communities. We need to trust the people who have been affected to use their own resourcefulness to recover and heal."

Dr. Robert Anda, Co-Principal Investigator, Adverse Childhood Experiences Study

Childhood Trauma affects our physical, mental, and social health throughout our lifetimes if we don't reduce the risk factors.

AACTT Peers Share
Education, Support, Community

To reclaim our birthrights of autonomy, agency, authority, purpose, value, and acceptance.

When? *Tuesdays 6:15 – 7:45 pm Beginning April 17, 2018*

Where? *Johanna B. Oosterveld Centre 1st Floor - 2131 Gottingen St. Halifax, NS.*

Hosted By



To **Pre-Register** Contact

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