



## Trauma-Informed Organizational Assessments\*

| Name of tool  | Who is it<br>designed for?   | Strengths  | Challenges   | Contact<br>person/place   | Themes  |
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| Agency Self-<br>Assessment                              | Intended to be a<br>tool that will<br>help you assess<br>your<br>organization's<br>readiness to<br>implement a<br>trauma-informed<br>approach  | Helps to identify<br>opportunities for<br>program and<br>environmental<br>change, assist in<br>professional<br>development<br>planning, and can<br>be used to inform<br>organizational<br>policy<br>change/survey<br>can be completed<br>online  | Because staff is<br>evaluating their<br>own agency they<br>may not answer<br>honestly  | http://www.tra<br>umainformedca<br>reproject.org/   | Supporting Staff<br>Development<br>Creating a Safe and<br>Supportive<br>Environment<br>Assessing and Planning<br>Services<br>Involving Consumers<br>Adapting Policies   |
| ARCTIC: Attitudes<br>Related to Trauma<br>Informed Care | The ARTIC<br>Scale is the first<br>psychometrically<br>valid measure of<br>trauma-informed<br>care (TIC) to be<br>published in the<br>literature. It<br>measures an<br>indicator<br>theorized to be<br>important to<br>(TIC),<br>professional and<br>paraprofessional<br>attitudes<br>favorable or<br>unfavorable<br>toward TIC. | There are 3<br>versions of the<br>ARTIC for<br>human services<br>settings (45 item,<br>35 item, 10 item<br>short form) and 3<br>parallel versions<br>for education<br>settings.<br>The potential uses<br>of the ARTIC:<br>Assess readiness<br>for, and barriers<br>to, TIC<br>implementation;<br>obtain a baseline<br>measure to assess<br>change over time<br>as a result of TIC<br>interventions;<br>monitor the<br>backslide of TIC<br>in schools and<br>organizations that<br>commonly occurs;<br>serve as an<br>"assessment-as-<br>intervention" tool<br>in order to resist | The ARTIC is a<br>measure of<br>attitudes and<br>not of behaviors.<br>Therefore, the<br>ARTIC should be<br>empir-<br>ically linked with<br>important, gold<br>standard metrics,<br>some<br>of which should<br>be gathered using<br>direct assessment<br>of<br>behaviors<br>consistent with<br>TIC. | Traumatic<br>Stress Institute<br>Klingberg Family<br>Centers<br>370 Linwood<br>Street<br>New Britain, CT<br>06052<br>(860) 832-5562 | The five main<br>subscales of the<br>ARTIC include (a)<br>underlying causes of<br>problem behavior and<br>symptoms, (b)<br>responses to problem<br>behavior and<br>symptoms, (c) on-the-<br>job behavior, (d) self-<br>efficacy at work, and<br>(e) reactions to the<br>work. The sup-<br>plementary subscales<br>include (f) personal<br>support of TIC<br>and (g) system-wide<br>support for TIC. |

|   |   | the backslide of<br>TIC; determine<br>which staff need<br>additional training<br>and supervision<br>related to TIC.   |   |  |   |
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| Creating Cultures<br>of Trauma<br>Informed Care<br>(CCTIC)  | Administrators,<br>providers, and<br>survivor-<br>consumers to use<br>in the<br>development,<br>implementation,<br>evaluation, and<br>ongoing<br>monitoring of<br>trauma-informed<br>programs   | Provide clear<br>guidelines for<br>developing,<br>implementing,<br>evaluating, and<br>monitoring<br>trauma-informed<br>programs/<br>domains address<br>both services-level<br>and administrative<br>or systems-level<br>changes.  |   | Roger D. Fallot,<br>Ph.D. Director<br>of Research and<br>Evaluation<br>202.608.4796<br>(voice)<br>202.608.4286<br>(fax)<br>rfallot@ccdc1.or<br>g<br>Rebecca Wolfson<br>Berley, MSW<br>Director of<br>Trauma<br>Education<br>202.608.4735<br>(voice)<br>202.608.4735<br>(voice)<br>202.608.4286<br>(fax)<br>rwolfson@ccdc1<br>.org Community<br>Connections 801<br>Pennsylvania<br>Avenue, S.E.<br>Suite 201<br>Washington, DC<br>20003 | Built on five core<br>values of safety,<br>trustworthiness, choice,<br>collaboration, and<br>empowerment  |
| National Council<br>for Behavioral<br>Health: Trauma<br>Informed Care<br>Organizational<br>Self-Assessment<br>click <u>HERE</u> for a<br>one page summary | National Council<br>experts can help<br>entities, spanning<br>community<br>behavioral health<br>organizations,<br>government<br>systems, schools,<br>primary<br>care clinics,<br>social services<br>and law<br>enforcement,<br>develop and<br>operationalize<br>plans for<br>becoming<br>trauma-<br>informed. | Designed to<br>increase your<br>awareness and<br>readiness to adopt<br>the key<br>components of a<br>trauma-informed<br>care organization<br>and to identify<br>what you need to<br>keep doing and<br>reinforcing, stop<br>doing, or start<br>doing the right<br>thing. | Costs for<br>consultation<br>services (prices<br>listed on one page<br>summary) | Jody Levison-<br>Johnson at<br>JodyLJ@thenat<br>ionalcouncil.or<br>g or calling<br>202.629.5785, ext<br>385.   | The seven domains of<br>trauma-informed care<br>are early screening and<br>assessment, consumer-<br>driven care and<br>services, nurturing a<br>trauma-informed and<br>responsive workforce,<br>evidence-based and<br>emerging best<br>practices, creating safe<br>environments,<br>community outreach<br>and partnership<br>building, and ongoing<br>performance<br>improvement and<br>evaluation. In each of<br>these areas, the<br>National Council offers<br>a half-day education |

|   |   |   |  |   | workshop followed by<br>1-day onsite consulting<br>on the implementation<br>process. We help you<br>set up performance<br>indicators and provide<br>essential tools and<br>resources. |
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| ProQOL<br>Professional<br>Quality of Life             | People who<br>work helping<br>others may<br>respond to<br>individual,<br>community,<br>national, and<br>even<br>international<br>crises. They may<br>be health care<br>professionals,<br>social service<br>workers,<br>teachers,<br>attorneys, police<br>officers,<br>firefighters,<br>clergy,<br>transportation<br>staff, disaster<br>responders, and<br>others. | The ProQOL is<br>the most<br>commonly used<br>measure of the<br>negative and<br>positive affects of<br>helping others<br>who experience<br>suffering and<br>trauma. The<br>ProQOL has sub-<br>scales for<br>compassion<br>satisfaction,<br>burnout and<br>compassion<br>fatigue.<br>Can be<br>administered to an<br>individual or<br>group.<br>Free manual for<br>use and easy to<br>interpret with self<br>scoring<br>worksheet.<br>Available in 20<br>different language<br>versions. | Not all languages<br>are listed in<br>options for use. |   |   |
| Sanctuary Model<br>S.E.L.F.<br>implementation<br>tool | Human service<br>organizations  | Identified the<br>experience of<br>trauma along a<br>wide continuum<br>that includes both<br>discrete events<br>and ongoing<br>cumulative and<br>perhaps intangivle<br>experiences like<br>racism and<br>poverty.<br>Recognizes that<br>just as human   |  | Kamilah Francis<br>914-965-3700 ext<br>1293 | Promotes safety and<br>recovery from adversity<br>through the active<br>creation of a trauma-<br>informed community.  |

|  |   | beings are<br>susceptible to the<br>misapplication of<br>survival skills,<br>organizations<br>themselves are<br>equally vulnerable.   |   |   |   |
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| TIC-OSAT<br>(Trauma-Informed<br>Care –<br>Organizational<br>Self-Assessment<br>Tool) | The TIC OSAT<br>is designed to<br>measure trauma-<br>informed<br>practices of<br>human service<br>provider<br>agencies, mental<br>and healthcare<br>organizations,<br>and community-<br>based<br>organizations. It<br>is strongly<br>recommended<br>that the survey<br>be sent out to <i>all</i><br><i>staff</i> in the<br>organization or<br>program<br>including<br>leadership,<br>supervisors,<br>managers, direct<br>service staff,<br>and office<br>personnel. | TIC-OSAT<br>(Trauma-<br>Informed Care –<br>Organizational<br>Self-Assessment<br>Tool) is a<br>strengths-based<br>organizational<br>self-assessment<br>tool that provides<br>organizations with<br>a point in time<br>"snapshot" of<br>where they are in<br>their journey<br>towards becoming<br>trauma-informed.            | At this time, only<br>organizations and<br>programs located<br>in New York State<br>can register for an<br>account. Future<br>developments<br>may include roll-<br>outs in other<br>states.<br>Not suggested for<br>the TIC-OSAT<br>survey for 5 or<br>less survey takers<br>since the data may<br>not be reliable.<br>More than 5<br>surveys will<br>ensure that survey<br>results are robust<br>and reliable. | CCSI<br>1099 Jay St,<br>Building J,<br>Rochester, NY<br>14611<br>585.328.5190 | The tool employs the<br>Substance Abuse and<br>Mental Health Services<br>Administration's<br>(SAMHSA) 10<br>Implementation<br>Domains as a<br>framework for guiding<br>survey participants<br>through a sequence of<br>questions to assess<br>implementation of<br>trauma-informed care<br>practices within their<br>organization.  |
| Trauma Informed<br>Agency Assessment   | Intended for use<br>with children's<br>behavioral health<br>agencies that<br>offer clinical and<br>targeted case<br>management<br>services.   | Can be adapted<br>for single or<br>multi-agency use<br>and its language<br>modified to suit<br>agency norms<br>Different<br>programs can be<br>added to the<br>beginning of the<br>survey that reflect<br>the<br>comprehensive<br>service array<br>offered by the<br>state or agency<br>Developers are<br>willing to modify |   | info@thriveiniti<br>ative.org   | Evaluates strengths and<br>areas that need<br>improvement within<br>agencies.<br>Measures physical and<br>emotional safety, youth<br>and family<br>empowerment,<br>trustworthiness, trauma<br>competence, cultural<br>competence, and<br>commitment to<br>trauma-informed<br>philosophy<br>Purpose of the<br>assessment is to<br>improve the entire<br>system_that is dedicated |

|  |  | the web-based<br>tool to meet your<br>agency's<br>requirements.   |   | to meeting the<br>behavioral health needs<br>of youth and families.   |
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| <u>Trauma Informed</u><br><u>Organizational</u><br><u>Assessment</u> | Residential<br>programs serving<br>homeless<br>populations and<br>organizations<br>including direct<br>care staff, case<br>managers,<br>supervisors,<br>clinicians, and<br>administration. | Organizations can<br>use assessment to<br>examine their<br>current practices<br>and take specific<br>steps to become<br>trauma-informed.  | The Self-Assessment<br>was initially<br>created for use in<br>programs serving<br>women and<br>children. While it<br>is also applicable<br>in mixed gender<br>settings, its use in<br>these settings may<br>require further<br>refinement of the<br>tool to respond to<br>gender-specific<br>issues that have<br>not been<br>addressed.   | Evaluates<br>programming based on<br>the incorporation of<br>self-assessment,<br>identifies areas for<br>organizational growth,<br>and make practical<br>changes.   |
| Trauma Informed<br>System Change<br>Instrument                       | The Southwest<br>Michigan<br>Children's<br>Trauma<br>Assessment<br>Center's<br>Substance Abuse<br>and Mental<br>Health Services<br>Administration<br>funded initiative                     | Systems<br>perspective<br>Three areas of<br>systems were<br>defined for<br>measuring change:<br>Policy, Agency<br>Practice, and<br>Connections<br>(between<br>individuals and<br>between agencies).<br>Wording of the<br>instrument is<br>purposefully<br>universal so that it<br>has meaning to<br>individuals<br>working in or with<br>the child welfare<br>system regardless<br>of their role or<br>agency affiliation.<br>Provides a<br>snapshot of the<br>extent to which<br>the current<br>community child<br>welfare system is<br>trauma informed<br>from a cross- | Third latent<br>factor, Tradition,<br>was problematic<br>in the analysis,<br>based on low<br>internal<br>consistency<br>Defining the child<br>welfare<br>system for each<br>participant is very<br>much context-<br>dependent, and<br>each community's<br>organizational<br>responsibilities<br>and barriers are<br>unique and<br>complex<br>The catchment<br>area for agencies<br>differs from<br>community, and<br>this is not easily<br>defined so to be<br>able to account<br>for introduction<br>of bias and<br>mediating effects<br>in each area. | Address a gap in<br>evaluation<br>methodology and<br>practice as well as to<br>guide interventions<br>seeking to change child<br>welfare systems in<br>becoming trauma<br>informed.<br>Measure the impact of<br>system change<br>initiatives<br>Measurement of<br>trauma informed<br>change in child welfare<br>Need to measure the<br>extent to which child<br>welfare systems were<br>becoming trauma<br>informed during and<br>after participation in a<br>community-wide<br>training initiative |

|   |  | agency<br>perspective<br>It has value as a<br>tool for targeting<br>areas of need in<br>developing an<br>individualized<br>training and<br>consultation<br>intervention to<br>create a more<br>trauma informed<br>system. Finally, it<br>can be used to<br>show change over<br>time regarding the<br>extent to which<br>the child welfare<br>system is<br>becoming trauma<br>informed.   |  |   |
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| Trauma<br>Responsive<br>Systems<br>Implementation<br>Advisor (TreSIA) | Help<br>organizations<br>create Trauma<br>Responsive,<br>trauma<br>informed system<br>s and in<br>particular help<br>organizations<br>adopt trauma-<br>informed care | Includes tools for<br>implementing<br>Trauma Informed<br>Care. Trauma<br>Informed Care<br>supports mental<br>health recovery<br>for most mental<br>health diagnoses<br>including PTSD,<br>addiction<br>Explores your<br>readiness for and<br>alignment with<br>specific TIC<br>factors and<br>attributes<br>Provides<br>descriptive<br>information from<br>multiple frames of<br>reference about<br>the concept of<br>Trauma-<br>Responsive<br>Systems<br>Organizational<br>assessment to see<br>where the<br>organization is in<br>terms of readiness<br>to implement | info@epoweran<br>dassociates.co<br>m<br>or<br>epower@epowe<br>randassociates.<br>com | Trauma-informed care,<br>organizational<br>assessment and<br>organizational change<br>management. |

|   |  | Trauma-Informed<br>Care.  |  |  |
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| <u>Trauma System</u><br><u>Readiness Tool</u> | For child welfare<br>systems to use as<br>they asses the<br>trauma-informed<br>nature of their<br>own system<br>To be completed<br>by multiple<br>informants<br>within the CW<br>system, including<br>front-line<br>workers,<br>supervisors, and<br>administrators | Results from the<br>TSRT provide<br>cross-informant<br>data to each<br>system detailing<br>how front-line<br>case workers'<br>responses from<br>the survey are<br>similar to or<br>different from<br>those of<br>supervisors and<br>administrators. | One limitation of<br>the TSRT is the<br>reliance on<br>participants' self-<br>report and the<br>possibility of<br>social desirability<br>affecting their<br>responses. | Determines trauma<br>informed nature of<br>organizations<br>Measures welfare<br>agency's understanding<br>of the impact traumatic<br>experiences on the<br>child, parent/adult, and<br>professionals working<br>in child welfare<br>systems, as well as<br>systems<br>integration/service<br>coordination with other<br>child serving agencies |

\*Many of the assessments listed require permission from the author and some may have cost associated. Please be sure to check with the contact person/place before use. This may be listed in the initial link or in contact person/place column\*