

# Adverse Childhood Experiences (ACEs) and Trauma-Informed Care (TIC) Information Sheet

## **Arkansas**



ACEs: The percentages to the left indicate the % of children aged o to 17 years who experienced two or more of the following: Socioeconomic hardship, parental divorce/separation, death of a parent, parent served time in jail, witness to domestic violence, victim or witness of neighborhood violence, lived with someone who was mentally ill or suicidal or someone with an alcohol or drug problem, or treated or judged unfairly due to race/ethnicity.

- From America's Health Rankings, 2016 edition

Arkansas's ACE Ranking: 42nd out of 50

**Trauma-Informed Care:** Becoming trauma-informed is a process using knowledge about the prevalence and impact of toxic stress (e.g., ACEs) to reexamine how we see, interpret, and interact with people. TIC is a culture change process being trauma-informed requires viewing the world through a new lens. It is not a therapy, intervention, or specific action; it is an all encompassing paradigm shift. It's also important to remember that trauma-informed care is not just for service providers; it is universally applicable and everyone has a role to play! - From <u>Fostering Futures</u> website

## **Arkansas' ACEs and TIC Activities**



#### **Education and Awareness**

- UAMS/Arkansas Children's Hospital screened Raising of America.
- ACEs Awareness Campaign at Pulaski Heights United Methodist Church screened Raising of America in core group and Sunday school classes; also developed a child care center which will be ACEs/Resilience informed and provide parent support, screenings and interventions.

### State Agencies

- Arkansas Department of Health Strategic Plan: By 2019, increase the data on and awareness of ACEs and increase the number of organizations who use an ACEs awareness toolkit.
- Arkansas Department of Health Grand Rounds: ACEs/Resilience grand rounds held in 2014, 2016, 2017.
- Federally-funded Home Visiting Programs: Family Map
   <u>Inventories</u> and assessment tools identify ACEs in real-time.

  Assessing adverse experiences from infancy through early
   childhood in home visiting programs was written by University of
   Arkansas for Medical Sciences, Department of Family &
   Preventive Medicine and describes using this tool to develop an
   ACEs index for children which demonstrates a high prediction of
   other parenting behaviors correlated with abuse/neglect.
- Title V Maternal and Child Health Block Grant Work Plan: Decrease Arkansas's percentage of children with two or more ACEs.
- WIC Program: Provide ACEs survey to WIC participant mothers with accompanying ACEs information sheet for parents on protecting children from toxic stress.

Arkansas Foundation for Medical Care & Arkansas Dept. of Health Statewide ACEs/Resilience Work-Group

Created to achieve synergies across child health, community-based agencies and state-based agencies to address the root causes of toxic stress and childhood adversity and build community resilience. Membership represents almost 50 organizations and state agencies.