



Live Chat Event on **August 8th** **Menopause, Parenting, & ACEs with Carey Sipp**

“I know this today: building the resilience that will afford us a Third Act does take a village. It takes our being checked into the collective energy of a group of people who are dedicated to truth, self-care, and healing.” *Carey Sipp*

[Carey Sipp](#) is a health writer, parenting educator and trauma-informed communities advocate. She is the author of [The TurnAround Mom](#): How an Abuse and Addiction Survivor Stopped the Toxic Cycle for Her Family and How You Can, Too! She is a frequent speaker on the issues of breaking cycles of addiction and abuse, working to raise awareness of the profound importance of adding trauma recovery to recovery.

We are pleased she will be talking about menopause, parenting, and ACEs in the next Parenting with ACEs chat. Sipp shares information, insights and experiences. Everyone is welcome to join this conversation. Chat topics to be covered are:

- Menopause & ACEs
- Medical professionals & ACEs awareness
- Puberty & Menopause



Carey Sipp
Beating high ACE Score odds for trauma-informed money and menopause

How to Attend [Chat Event](#) on August 8th @ 10 AM PST / 1 PM EST:

If You ARE a Member of the Parenting with ACEs Group

1. Go to [Parenting with ACEs Group](#) on August 8th. [Find Featured Chat at top.](#)

If You're NOT a Member of ACEs Connection or the Parenting with ACEs Group

1. Go to [ACEsConnection](#) and see “Join ACEs Connection” on the right sidebar.
2. Go to Groups, All Groups, find [Parenting with ACEs Group](#), Join This Group.
 - *Please do these steps BEFORE chat event.*
3. Go to [Parenting with ACEs Group](#) on August 8th. [Find Featured Chat at top.](#)

Questions: *Christine Cissy White*, cwhite@acesconnection.com / (617)962-0036