

## Outline

### The Impact of Trauma on School Functioning and Classroom Instruction

How the traumatic experiences of students manifest in school settings

Academics & cognitive skills

Behavioral functioning

Social emotional functioning

Developmental differences in response to trauma

Impact of trauma on the following disorders:

ODD

ADHD

Emotional Dysregulation

Disruptive Behavior Disorders

Childhood trauma and a framework for Intervention

Attachment

Self-regulation

Competency

### STRATEGIES, TECHNIQUES & INTERVENTIONS TO ADDRESS TRAUMA & OTHER BARRIERS TO LEARNING

### Interventions to Reduce Disruptive Behavior and Suspension Rates

Turning rage and helplessness into constructive action

Effectively confront loss and grief

Proactively utilize mindfulness

Address anger regulation and expression

Teach students how to Relax, Reframe and Cope

### Strategies to Increase Motivation, Engagement and Academic Success

Promote grit tenacity and perseverance

Turn moral disengagement into moral engagement

Create opportunities for meaningful connection and affiliation

Establish brain-based interventions

Utilize effective praise as a motivator

Manage YOUR frustration

Move from reactive to proactive

### Skills and Competencies to Help the Student Overcome Challenging Situations

Engage thinking to mitigate emotional reactivity

Increase access and use of executive functioning skills

Making and keeping commitments

Integrate stress reduction into the daily schedule

Embed executive functioning strategies into the daily routine

Expand the range of competencies

### Techniques to Develop Schoolwide Resilience & Create Trauma Sensitive Schools

Flexible Framework: a systematic overview that identifies, integrates and ensures compliance

Systems to create safe, supportive schools for students impacted by traumatic experiences

### Live Seminar Schedule

7:30 Check-in/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

For locations and maps, go to [www.pesi.com](http://www.pesi.com), find your event, and click on the seminar title.

**Guarantee** Your satisfaction is our goal — and our guarantee! If you are not satisfied with this seminar, we'll make it right.

## Objectives

1. Identify behavioral episodes that challenge educators, professionals, therapists and parents.
2. Discuss the contribution that a trauma history makes on the following disorders: ODD, ADHD, Emotional Dysregulation and Disruptive Behavior Disorders.
3. Implement clinical ideas into educational practice to improve positive engagement and student performance.
4. Demonstrate how to utilize peer relationship coaching to reduce bullying and improve student acceptance and inclusion in social groups.
5. Outline growth strategies to build core strengths, improve grit, perseverance and determination and move beyond resilience to post traumatic growth.
6. Using the newest research in brain functioning, illustrate brain based strategies for emotional management, executive functioning and accelerated learning.
7. Describe teaching techniques and methods that include new and exciting methods to challenge students to do their very best.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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# TRAUMA INFORMED EDUCATION

IMPROVING EDUCATIONAL AND  
EMOTIONAL OUTCOMES FOR YOUR  
MOST CHALLENGING STUDENTS

Sherman Oaks, CA  
Wednesday, February 15, 2017

Pasadena, CA  
Thursday, February 16, 2017

Anaheim, CA  
Friday, February 17, 2017



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# TRAUMA INFORMED EDUCATION

IMPROVING EDUCATIONAL AND  
EMOTIONAL OUTCOMES FOR YOUR  
MOST CHALLENGING STUDENTS

- Trauma informed strategies to reduce acting out behavior in students with ODD, ADHD, Emotional Dysregulation & Disruptive Behavior Disorder
- Strategies to improve engagement, compliance, relationship building and stress tolerance
- Improve educational outcomes with specific trauma informed assessments & techniques
- Implement brain-based interventions
- Positive alternatives for your most challenging students

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979



# TRAUMA INFORMED EDUCATION

As an educator, you are expected to teach and engage children—even those with the most challenging behaviors. These are the students that no matter what you try, you just can't reach them. Like the boy with disruptive behaviors that keep him sitting in the principal's office. Or the student that struggles to focus and complete assignments. What about the girl who is completely withdrawn? Is she even more challenging than the boy with the aggressive outbursts?

If your current interventions are not reducing these challenging behaviors, then you need to attend this program! Join leading education expert Robert Hull, as he teaches you evidence-based trauma-informed education strategies that will reduce the achievement gap, decrease referrals for highly restrictive special education programs, as well as drastically improve:

- Emotional functioning
- Acting out behaviors
- Aggressive behaviors
- Relationships
- Student engagement

Attend this seminar and walk away with increased satisfaction & motivation. Using a trauma-informed approach will create an affiliation between teacher, student and family member that leads them to all work together for success rather than constantly being in conflict.

**It's a revolution in education that will help you connect with your most challenging students!**

**All educators work with children who have experienced trauma. However, in many cases you may not know who these students are. Regardless of the student or the root of the trauma, you will benefit from gaining a deeper understanding of how trauma affects children and what you can do drastically to improve emotional functioning, relationships, student engagement and the acting out behavior of your students.**

## Speaker

**Robert Hull, MA, ED, EDS, MHS**, award winning school psychologist, career educator, special education administrator and professor, is an expert in implementing evidence based practice into practical, easy to implement strategies that lead to desired outcomes. Robert's hands-on assistance has helped and inspired thousands of educators who work in the most challenging schools in our nation. His 30 years of experience working with youth and teachers in areas ranging from urban inner cities to impoverished rural counties, has led to his recognition by local school systems, state governments, and state legislatures. Robert Hull has a reputation for taking on the biggest challenges in the most difficult school systems. As an administrator at both the system/district and state levels, he implemented reforms in the areas of disproportionality, implementing evidence based practices, and educating traumatized children. Robert Hull graduated cum laude from Arizona State University with a degree in psychology, and obtained graduate degrees in education and public health from Arizona State University, Memphis State University, and Johns Hopkins School of Public Health. Robert's style uses humor to instill hope and motivation in order to release the anger and disillusionment that educators working with challenged youth face. A passionate presenter, he creates optimism while making compelling points. Robert's "get the job done" approach focuses on creating a culture of success where everyone is responsible for leadership and everyone gains from success.

Speaker Disclosures:

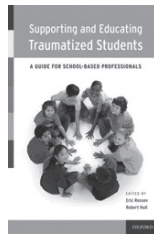
Financial: Robert Hull is an author for Oxford University Press and receives royalties. He receives a speaking honorarium from PESI, Inc.

Non-financial: Robert Hull has no relevant non-financial relationship to disclose.

### Target Audience:

Teachers and Paraprofessionals • Principals • Assistant Principals • School Counselors • School Psychologists • School Social Workers • School Administrators • Speech-Language Pathologists • Speech-Language Pathology Assistants • Occupational Therapists • Occupational Therapy Assistants • Addiction Professionals • School Nurses • Other Helping Professionals that Work with Children

**\*SAVE by including these products with your seminar registration!**



### Supporting and Educating Traumatized Students

A Guide for School-Based Professionals

**By Your Presenter: Robert Hull, MA, ED, EDS, MHS, and Eric Rossen, PhD**

Combining knowledge of the cognitive and behavioral effects of trauma, evidence-based interventions, educational best practices, and the experiences of veteran educators, Supporting and Educating Traumatized Students presents a new framework for assisting students with a history of trauma. The book provides practical, effective, and implementable strategies and resources for adapting and differentiating instruction, modifying the classroom and school environments, and building competency for students affected by trauma.



### Self-Compassion for Teens

129 Activities & Practices to Cultivate Kindness

**By Lee-Anne Gray, Psy.D.**

Self-compassion is the key for teens to develop empathy and manage self-criticism, while increasing resilience and well-being.

The first of its kind, this book brings together 129 actionable mindfulness and compassion-building tools for teens to reduce suffering and cultivate kindness for themselves and the world around them. Perfect for clinicians, educators and parents, this resource is filled with exercises, worksheets and activities.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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This activity qualifies for 6.25 contact hours.

**CALIFORNIA NURSES:** PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 13305 for 6.0 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance. Please bring your license number to the seminar; certificates of successful completion will not be issued without your license number.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**APPROVED PROVIDER**

**PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.**

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